

## Supporting Information

### <sup>1</sup>H NMR-Based Metabolomic Profiling of Diabetes and BMI-Related Changes in the Serum of South-Asian Population

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Figure S1

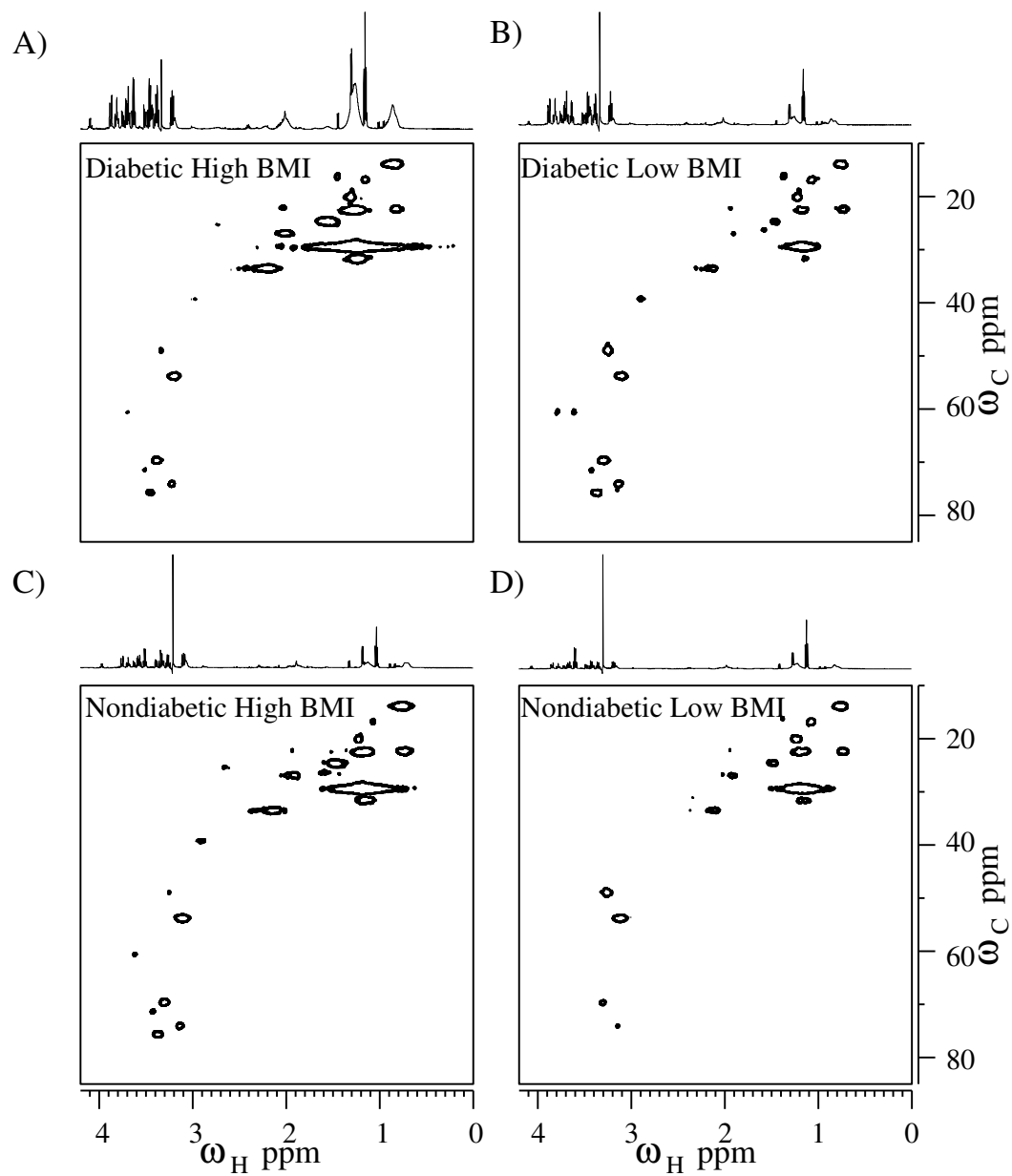


Figure 1: 2D HSQC NMR spectrum of (A) Diabetic-High BMI, (B) Diabetic-Low BMI, (C) Non diabetic-High BMI and (D) Non diabetic-Low BMI subjects, recorded at 600 MHz

Figure S2

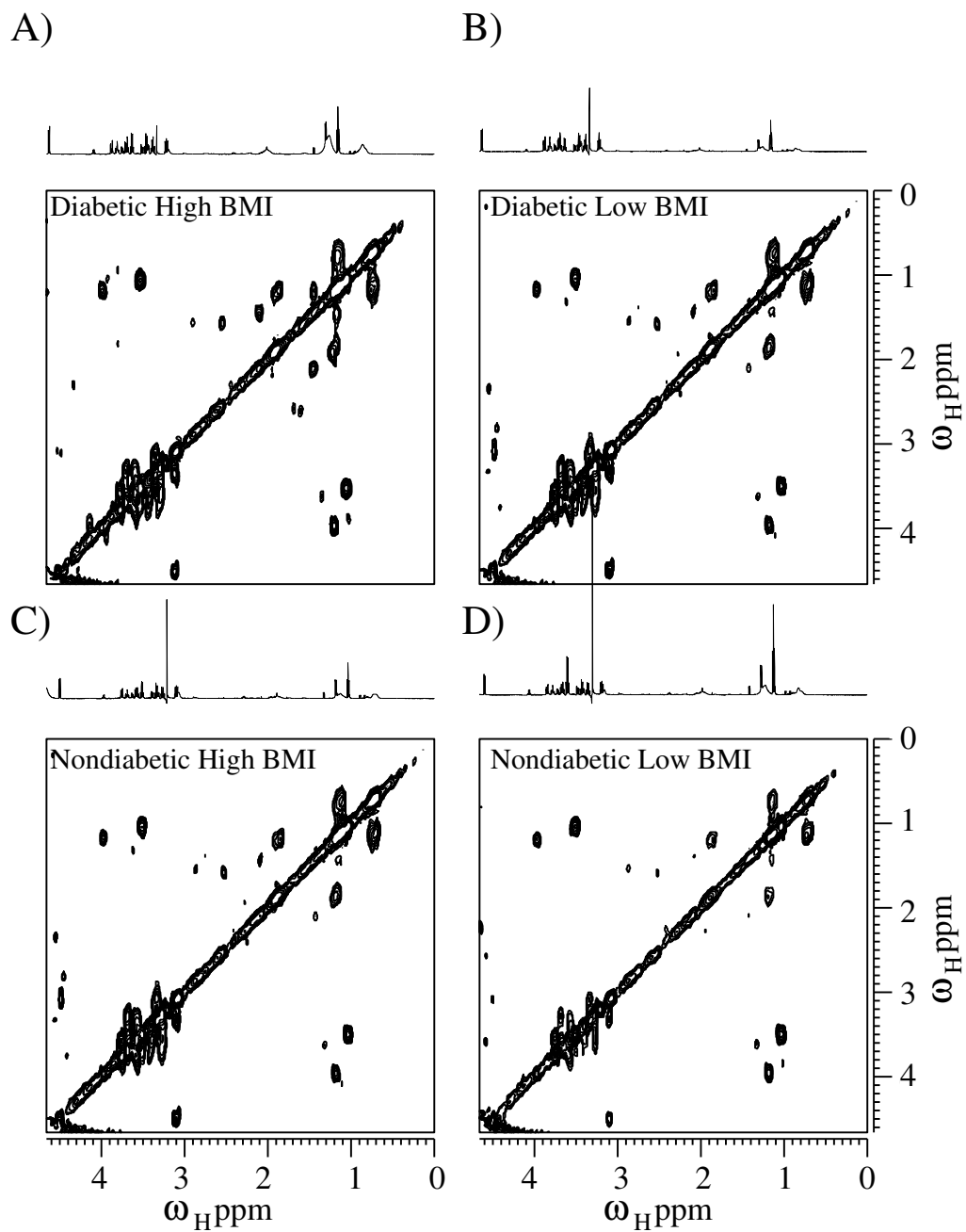


Figure 2: 2D COSY NMR spectrum of (A) Diabetic-High BMI, (B) Diabetic-Low BMI, (C) Non diabetic-High BMI and (D) Non diabetic-Low BMI subjects, recorded at 600 MHz

Table ST1

Metabolite	Chemical shift (ppm)	Identified by	Metabolite	Chemical shift (ppm)	Identified by
<b>Amino acids</b>			<b>Keto acids</b>		
Isoleucine	0.94	1D,2D	Ketoleucine	2.12	1D
Valine	0.98	1D, 2D	Pyruvic acid	2.46	1D
Alloisoleucine	1.29	1D	Amino-levulinic acid	2.77	1D
Alanine	1.47	1D	Acetoacetic acid	3.43	1D
Lysine	1.68	1D, 2D	<b>Lipids</b>		
Acetylglycine	2.05	1D	Lipid terminal methyl	0.91	1D, 2D
Glutamate	2.12	1D	Lipid backbone methylene groups	1.31	1D, 2D
Ketoleucine	2.13	1D	<b>Sphingolipids</b>		
Glutamine	2.14,2.44	1D, 2D	Sphinganine	1.54	1D
Asparagine	2.86	1D, 2D	<b>Bile acids</b>		
Creatine	3.03	1D	Chenodeoxycholic acid	1.49	1D
Phenylalanine	3.30	1D, 2D	<b>Hydroxy acids</b>		
Proline	3.33	1D	3-hydroxybutyric acid	1.19, 1.20	1D
Glycine	3.54	1D	<b>Vitamins</b>		
Threonine	3.58	1D, 2D	Pantothenic acid	3.43	1D, 2D
Leucine	3.73	1D, 2D	<b>Purines and purine derivatives</b>		
Serine	3.83	1D	3,7-dimethyluric acid	3.35	1D, 2D
Ureidopropionic acid	3.28	1D	<b>Fatty acids</b>		
Tyrosine	6.87, 7.17	1D	Acetic acid	1.91	1D
Histidine	7.05, 7.73	1D, 2D	Isovaleric acid	1.95	1D
<b>Hydroxy acids</b>			<b>Sugars</b>		
Lactic acid	1.33, 4.12	1D, 2D	Ribose	2.21	1D
Glycolic acid	3.94	1D	Glycogen	3.71	1D, 2D
Galactonic acid	3.95	1D	Fucose	3.75	1D
<b>Dicarboxylic acids</b>			Galactose	3.85	1D
Oxalacetic acid	2.38	1D	Fructose	3.90	1D
Oxalglutaric acid	2.44	1D	Sucrose	4.22	1D, 2D
<b>Sugar alcohols</b>			beta-glucose	4.63	1D, 2D
Ribitol	3.65	1D	Trehalose	4.64	1D
Sorbitol	3.75	1D, 2D	alpha-glucose	5.14	1D, 2D
Glycerol	3.78	1D, 2D	<b>Others</b>		
Arabitol	3.84	1D	Choline	3.19	1D, 2D
			Myoinositol	3.49	1D, 2D

Table 1: List of various metabolites and their NMR chemical shift values and types of NMR experiments used for metabolite fingerprinting of serum samples.

Table ST2

Metabolite	p-value	-log10(p)	FDR	Fisher's LSD
Choline	0.00001167	4.9329	0.00015673	D-HighBMI - ND-LowBMI D-LowBMI - ND-LowBMI
Proline	0.00001783	4.7486	0.00020960	D-HighBMI - ND-LowBMI D-LowBMI - ND-LowBMI
3,7-dimethyl uric acid	0.00002135	4.6707	0.00021093	D-HighBMI - ND-LowBMI D-LowBMI - ND-LowBMI
Glucose	0.00002468	4.6076	0.00021093	D-HighBMI - ND-LowBMI D-LowBMI - ND-LowBMI
Pantothenic acid	0.000030465	4.5162	0.00023860	D-HighBMI - ND-LowBMI D-LowBMI - ND-LowBMI
Glycerol	0.000061967	4.2078	0.00044807	D-HighBMI - ND-LowBMI D-LowBMI - ND-LowBMI
Histidine	0.0000839	4.0758	0.00056393	D-HighBMI - ND-LowBMI D-LowBMI - ND-LowBMI
3-OH butyric acid	0.00065025	3.1869	0.0040749	D-HighBMI - ND-LowBMI D-LowBMI - ND-LowBMI
Leucine	0.0006964	3.1571	0.0040913	D-HighBMI - ND-LowBMI D-LowBMI - ND-LowBMI
Sorbitol	0.0043542	2.3611	0.024076	D-HighBMI - ND-LowBMI D-LowBMI - ND-LowBMI
Myoinositol	0.0049209	2.308	0.025336	D-HighBMI - ND-LowBMI D-LowBMI - ND-LowBMI
Threonine	0.0051211	2.2906	0.025336	D-HighBMI - ND-LowBMI D-LowBMI - ND-LowBMI
Isoleucine	0.0096155	2.017	0.044039	D-HighBMI - ND-LowBMI D-LowBMI - ND-LowBMI
Lysine	0.0098384	2.0071	0.044039	D-HighBMI - ND-LowBMI D-LowBMI - ND-LowBMI
Saturated fatty acids	0.011722	1.931	0.050084	D-HighBMI - ND-LowBMI D-LowBMI - ND-LowBMI
Lactate	0.013404	1.8728	0.054782	D-HighBMI - ND-LowBMI D-LowBMI - ND-LowBMI
Valine	0.024974	1.6025	0.086948	D-HighBMI - ND-LowBMI D-LowBMI - ND-LowBMI
Phenylalanine	0.029161	1.5352	0.097898	D-HighBMI - ND-LowBMI D-LowBMI - ND-LowBMI
Glutamine	0.045682	1.3403	0.14314	D-HighBMI - ND-LowBMI D-LowBMI - ND-LowBMI

Table 2: Post hoc analysis showing which groups are different given the p value threshold of 0.05, for Diabetic-High BMI, Diabetic-Low BMI and Non diabetic-Low BMI subjects.

Table ST3

Metabolite	p-value	-log <sub>10</sub> (p)	FDR	Fisher's LSD
Choline	0.00006154	4.2108	0.001919	D-HighBMI - ND-HighBMI D-HighBMI - ND-LowBMI
3,7-dimethyl uric acid	0.00008284	4.0818	0.001919	D-HighBMI - ND-HighBMI D-HighBMI - ND-LowBMI
Proline	0.00009955	4.0019	0.001919	D-HighBMI - ND-HighBMI D-HighBMI - ND-LowBMI
Pantothenic acid	0.0001021	3.9911	0.001919	D-HighBMI - ND-HighBMI D-HighBMI - ND-LowBMI
Sorbitol	0.0006173	3.7763	0.002622	D-HighBMI - ND-HighBMI D-HighBMI - ND-LowBMI
Glucose	0.0004403	3.3562	0.0059127	D-HighBMI - ND-HighBMI D-HighBMI - ND-LowBMI
Glycerol	0.001680	2.7747	0.01754	D-HighBMI - ND-HighBMI D-HighBMI - ND-LowBMI
Myoinositol	0.002050	2.6882	0.019274	D-HighBMI - ND-HighBMI D-HighBMI - ND-LowBMI
Histidine	0.0031308	2.5043	0.026754	D-HighBMI - ND-HighBMI D-HighBMI - ND-LowBMI
Leucine	0.0039119	2.4076	0.029835	D-HighBMI - ND-HighBMI D-HighBMI - ND-LowBMI
3-OH butyric acid	0.005139	2.2891	0.034505	D-HighBMI - ND-HighBMI D-HighBMI - ND-LowBMI
Threonine	0.0065635	2.1829	0.040789	D-HighBMI - ND-HighBMI D-HighBMI - ND-LowBMI
Lysine	0.0069429	2.1585	0.040789	D-HighBMI - ND-HighBMI D-HighBMI - ND-LowBMI
Isoleucine	0.0094388	2.0251	0.052191	D-HighBMI - ND-HighBMI D-HighBMI - ND-LowBMI ND-HighBMI-ND-LowBMI
Saturated fatty acids	0.01303	1.8851	0.068046	D-HighBMI - ND-HighBMI D-HighBMI - ND-LowBMI ND-HighBMI-ND-LowBMI
Lactate	0.017685	1.7524	0.083122	D-HighBMI - ND-HighBMI D-HighBMI - ND-LowBMI ND-HighBMI-ND-LowBMI
Valine	0.035391	1.4511	0.12795	D-HighBMI - ND-HighBMI D-HighBMI - ND-LowBMI ND-HighBMI-ND-LowBMI
Phenylalanine	0.040621	1.3913	0.14142	D-HighBMI - ND-HighBMI D-HighBMI - ND-LowBMI ND-HighBMI-ND-LowBMI
Glutamine	0.047726	1.3212	0.16022	D-HighBMI - ND-HighBMI D-HighBMI - ND-LowBMI

Table 3: Post hoc analysis showing which groups are different given the p value threshold of 0.05, for Diabetic-High BMI, Non diabetic-High BMI and Non diabetic-Low BMI subjects.