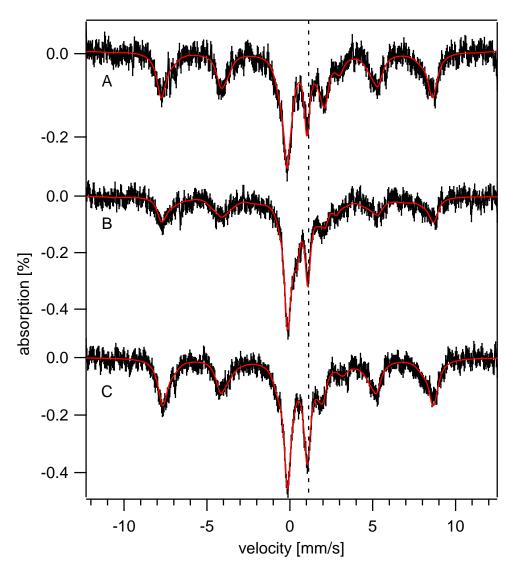
## Supporting Information for Holmes-Hampton et al. 2012

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**Figure S1: Corrected Mössbauer spectra of mouse brains at A, 1 wk, B, 2 wks, and C, 24 wks.** The dashed line indicates the position of the high energy line of the central doublet. Simulations in red used parameters indicated in the text and percentages from Table 1. Spectra were collected at 6 K with a 0.05 T field applied parallel to the radiation.

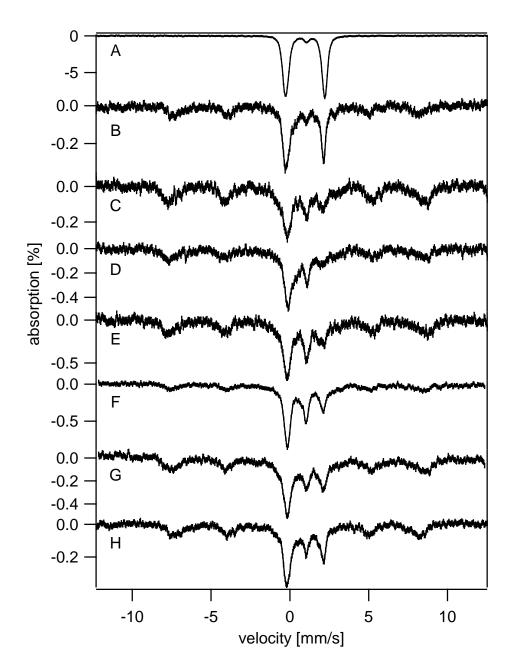


Figure S2. Uncorrected Mössbauer spectra of mouse brains at different ages. A, blood from a 4 wk mouse; B, unperfused prenatal brain (corresponds to corrected spectrum, Fig. 2E); C, uncorrected spectrum of perfused 1 wk brain (corrected spectrum is Fig. S1A); D, uncorrected spectrum of perfused 2 wk brain (corrected spectrum is Fig. S1B); E, uncorrected spectrum of perfused 3 wk brain (corrected spectrum is Fig. 2A); F, uncorrected spectrum of perfused 4 wk brain (corrected spectrum is Fig. 2F); G, uncorrected spectrum of perfused 24 wk

brain (corrected spectrum, Fig. **S1C**); **H,** uncorrected spectrum of perfused 58 wk brain (corrected spectrum, Fig. **2G**); Spectra were collected at 5-6 K and 0.05 T magnetic field applied parallel to the direction of the radiation. Total Mössbauer data collection times (in hrs), including 70 K data, were **A**, 40; **B**, 330; **C**, 435; **D**, 390; **E**, 240; **F**, 390; **G**, 570; and **H**, 400.

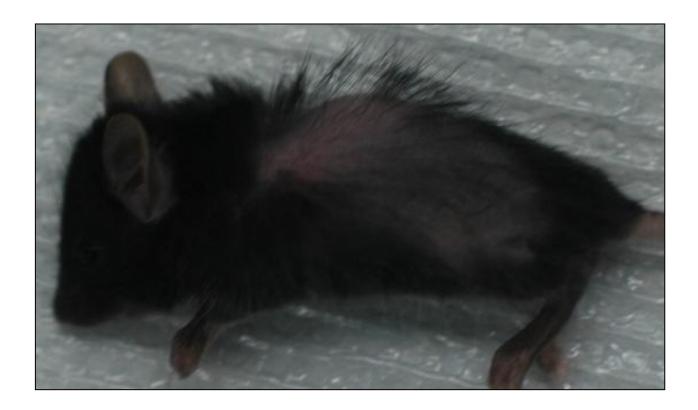
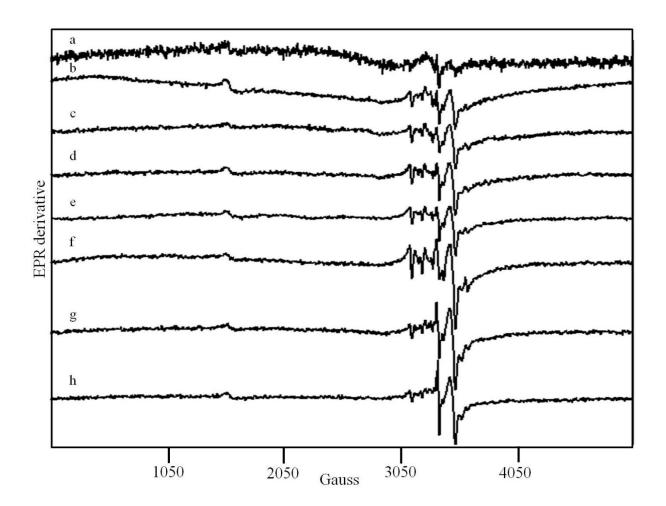
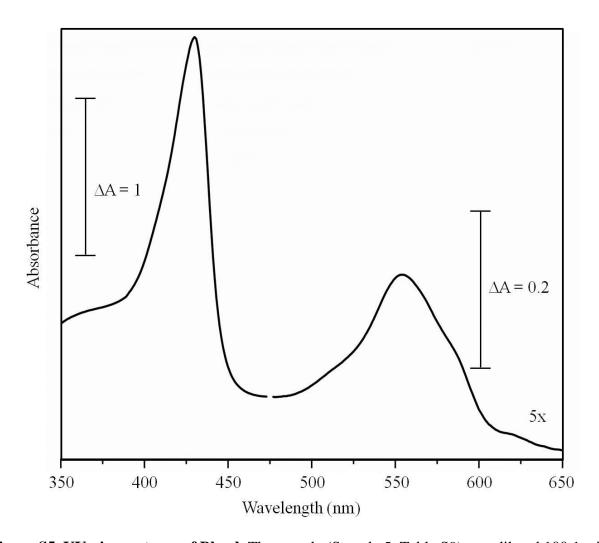


Figure S3. Photograph of an iron-deficient mouse used in this study. This 3 wk old mouse was nursed by a mother whose chow had been switched from  $^{57}$ Fe-supplemented to Federicient ca. 3 days prior to giving birth. The pup displayed significant alopecia (thinning of hair) indicating Fe deficiency.



**Figure S4.** EPR spectra of packed mouse brain homogenates from mice euthanized at different ages. **a**, -1 wk; **b**, 1 wk; **c**, 2 wks; **d**, 3 wks; **e**, 3 wks, Fe-deficient; **f**, 4 wks; **g**, 24 wks; and **h**, 58 wks. EPR conditions are the same as in the Fig. 3 legend.



**Figure S5. UV-vis spectrum of Blood.** The sample (Sample 5, Table S9) was diluted 100:1 with Ringer's buffer plus heparin and was prepared under anaerobic conditions.

**Table S1**. **Masses of organs used for elemental analysis.** \*These numbers also apply to Tables S2 - S8.

Age at Euthanization (wks)	Brain	Liver	Heart	Kidney	Spleen	Duodenum	Number of animals*
4	$370 \pm 2$	890 ± 220	$100 \pm 10$	$160 \pm 15$	64 ± 26	82 ± 35	2
5	$380 \pm 27$	$740 \pm 300$	110 ± 12	270 ± 49	72 ± 21	$110 \pm 49$	5
6	390 ± 17	$1100 \pm 77$	$120 \pm 14$	$260 \pm 21$	71 ± 27	94 ± 44	5
8	400 ± 12	$1100 \pm 240$	$120 \pm 17$	$300 \pm 40$	64 ± 11	$120 \pm 33$	5
12	420 ± 1	900 ± 22	$100 \pm 7$	$280 \pm 33$	$63 \pm 5$	110 ± 8	2
16	$420 \pm 26$	$1200 \pm 320$	$140 \pm 52$	$344 \pm 210$	$410 \pm 320$	$140 \pm 37$	2
28	400 ± 17	$1700 \pm 170$	$150 \pm 27$	$340 \pm 31$	80 ± 10	140 ± 37	3

**Table S2**. Iron concentrations of mouse organs ( $\mu M$ ) used in the  $^{57}$ Fe enrichment study, at different ages, along with standard deviations.

Age at Euthanization (wks)	Brain	Liver	Heart	Kidney	Spleen	Duodenum
4	410 ± 12	$1700 \pm 370$	970 ± 180	$1600 \pm 260$	$3700 \pm 2400$	$1100 \pm 220$
5	$350 \pm 60$	$1600 \pm 250$	$1400 \pm 290$	$1900 \pm 460$	$3200 \pm 1300$	$890 \pm 210$
6	$380 \pm 76$	$2400 \pm 480$	$1400 \pm 210$	$1800 \pm 570$	$3100 \pm 800$	$2000 \pm 890$
8	$300 \pm 48$	$1800 \pm 340$	$1600 \pm 230$	$2200 \pm 340$	$4300 \pm 1000$	990 ± 240
12	$290 \pm 48$	2200 ± 64	$1300 \pm 180$	$1500 \pm 680$	$4300 \pm 1000$	870 ± 84
16	$330 \pm 44$	2300 ± 18	$1400 \pm 18$	$1400 \pm 440$	$5100 \pm 1500$	910 ± 33
28	$410 \pm 30$	$2200 \pm 310$	$2000 \pm 320$	$2700 \pm 450$	$8700 \pm 2700$	$1400 \pm 370$
Average	$350 \pm 60$	$2000 \pm 400$	$1500 \pm 300$	2000 ± 500	4000 ± 1400	$1200 \pm 600$

**Table S3.** Percentage of the total Fe that was <sup>57</sup>Fe in mouse organs used in the <sup>57</sup>Fe enrichment study. Numbers are reported as %, with standard deviations.

Age at Euthanization (wks)	Brain	Liver	Heart	Kidney	Spleen	Duodenum
4	$6.5 \pm 5$	$3 \pm 0$	$3.5 \pm 0.7$	3 ± 0	3 ± 0	3 ± 0
5	$9.4 \pm 2$	30 ± 5	17 ± 3	23 ± 4	25 ± 5	62 ± 7
6	16 ± 1	43 ± 3	30 ± 3	36 ± 4	31 ± 4	74 ± 5
8	21 ± 3	48 ± 9	38 ± 5	35 ± 11	31 ± 4	75 ± 5
12	23 ± 2	48 ± 1	39 ± 0	48 ± 2	39 ± 2	79 ± 2
16	30 ± 7	66 ± 2	47 ± 6	60 ± 11	54 ± 16	82 ± 1
28	53 ± 10	53 ± 3	66 ± 6	78 ± 7	76 ± 10	88 ± 5

**Table S4**. Copper concentrations of mouse organs used in the enrichment study, at different ages. Concentrations and standard deviations are reported in  $\mu M$ .

Age at Euthanization (wks)	Brain	Liver	Heart	Kidney	Spleen	Duodenum
4	4 ± 1	6 ± 2	90 ± 48	64 ± 8	$52 \pm 42$	36 ± 10
5	5 ± 2	8 ± 2	$130 \pm 83$	84 ± 15	18 ± 7	36 ± 13
6	6 ± 3	12 ± 3	$90 \pm 31$	$86 \pm 26$	$16 \pm 5$	39 ± 8
8	4 ± 1	8 ± 2	$100 \pm 19$	$97 \pm 13$	20 ± 5	48 ± 6
12	4 ± 1	9 ± 0	$110 \pm 7$	$86 \pm 7$	$12 \pm 6$	41 ± 7
16	4 ± 1	8 ± 2	100 ± 6	83 ± 11	15 ± 8	32 ± 3
28	6 ± 1	7 ± 1	110 ± 4	87 ± 2	$17 \pm 2$	34 ± 3
Averages	5 ± 2	8 ± 3	$110 \pm 40$	90 ± 20	20 ± 10	40 ± 10

**Table S5**. Manganese concentrations of mouse organs used in the enrichment study, at different ages. Concentrations and standard deviations are reported in  $\mu M$ .

Age at Euthanization (wks)	Brain	Liver	Heart	Kidney	Spleen	Duodenum
4	21 ± 8	$32 \pm 4$	8 ± 2	$27 \pm 1$	6 ± 1	40 ± 22
5	18 ± 4	48 ± 17	18 ± 7	53 ± 19	5 ± 2	42 ± 17
6	17 ± 2	44 ± 12	18 ± 8	50 ± 18	5 ± 2	$110 \pm 30$
8	13 ± 5	27 ± 10	20 ± 4	54 ± 16	6 ± 2	66 ± 29
12	11 ± 1	33 ± 1	26 ± 6	36 ± 8	4 ± 2	38 ± 5
16	10 ± 1	24 ± 4	27 ± 13	37 ± 1	4 ± 1	70 ± 30
28	10 ± 1	19 ± 2	14 ± 1	34 ± 4	6 ± 1	56 ± 12
Averages	14 ± 5	$30 \pm 10$	18 ± 7	$40 \pm 20$	5 ± 2	60 ± 30

**Table S6**. Zinc concentrations of mouse organs used in the enrichment study, at different ages. Concentrations and standard deviations are reported in  $\mu M$ .

Age at Euthanization (wks)	Brain	Liver	Heart	Kidney	Spleen	Duodenum
4	$360 \pm 35$	$380 \pm 28$	$210 \pm 35$	$320 \pm 29$	$380 \pm 55$	$310 \pm 97$
5	$330 \pm 94$	$460 \pm 100$	$330 \pm 87$	$380 \pm 55$	$370 \pm 140$	$380 \pm 130$
6	$370 \pm 29$	$640 \pm 160$	$360 \pm 130$	$470 \pm 110$	$420 \pm 150$	$710 \pm 110$
8	$300 \pm 86$	$430 \pm 30$	$330 \pm 100$	410 ± 89	$460 \pm 83$	$450 \pm 150$
12	$260 \pm 11$	470 ± 7	310 ± 2	340 ± 8	$310 \pm 59$	$250 \pm 78$
16	$260 \pm 2$	$400 \pm 47$	290 ± 3	$340 \pm 78$	$280 \pm 100$	$280 \pm 120$
28	$360 \pm 57$	$460 \pm 24$	$300 \pm 17$	$380 \pm 16$	$380 \pm 10$	440 ± 45
Averages	$320 \pm 70$	$470 \pm 110$	$320 \pm 80$	$390 \pm 80$	$380 \pm 110$	430 ± 170

Age at Euthanization (wks)	Brain	Liver	Heart	Kidney	Spleen	Duodenum
4	0.1 ± 0	5 ± 0	$0.6 \pm 0.1$	3 ± 0	$0.7 \pm 0.1$	2 ± 0
5	$0.5 \pm 0.1$	10 ± 3	$0.7 \pm 0.1$	5 ± 1	$0.5 \pm 0.1$	3 ± 1
6	$0.5 \pm 0.1$	13 ± 3	$0.7 \pm 0.3$	5 ± 2	$0.6 \pm 0.2$	6 ± 2
8	$0.3 \pm 0.1$	9 ± 1	$0.6 \pm 0.1$	6 ± 0	$0.6 \pm 0.1$	3 ± 1
12	$0.3 \pm 0.1$	11 ± 1	$0.6 \pm 0.1$	4 ± 1	$0.5 \pm 0.1$	$2.5 \pm 1$
16	$0.3 \pm 0.1$	9 ± 1	$0.5 \pm 0.1$	4 ± 0	$0.5 \pm 0.1$	$2.5 \pm 1$
28	$0.4 \pm 0.1$	8 ± 1	$0.5 \pm 0.1$	4 ± 1	$0.6 \pm 0.1$	3 ± 0
Averages	$0.4 \pm 0.1$	9 ± 2	$0.6 \pm 0.2$	5 ± 1	$0.6 \pm 0.1$	3 ± 2

**Table S8**. Phosphorus concentrations of mouse organs used in the enrichment study, at different ages. Concentrations and standard deviations are reported in mM.

Age at Euthanization (wks)	Brain	Liver	Heart	Kidney	Spleen	Duodenum
4	$170 \pm 36$	$110 \pm 18$	61 ± 8	110 ± 4	140 ± 7	84 ± 27
5	$170 \pm 38$	140 ± 32	$110 \pm 43$	$140 \pm 37$	$150 \pm 66$	$120 \pm 61$
6	$210 \pm 12$	$180 \pm 37$	$130 \pm 26$	$180 \pm 28$	$200 \pm 30$	240 ± 86
8	$160 \pm 44$	$130 \pm 26$	$110 \pm 33$	$160 \pm 34$	$190 \pm 37$	$130 \pm 33$
12	$140 \pm 16$	150 ± 7	$110 \pm 18$	$150 \pm 30$	$110 \pm 42$	83 ± 10
16	$140 \pm 6$	$120 \pm 11$	$140 \pm 54$	$150 \pm 33$	$140 \pm 50$	94 ± 28
28	$170 \pm 33$	130 ± 9	110 ± 7	$160 \pm 5$	190 ± 11	$160 \pm 27$
Averages	$160 \pm 40$	$130 \pm 30$	$110 \pm 30$	$150 \pm 30$	$170 \pm 50$	$140 \pm 70$

Table S9. Elemental analysis of blood at indicated ages.

BLOOD (Age in wks)	[Fe] (μM)	[Cu] (μM)	[Mn] (µM)	[Zn] (μM)	[Mo] (μM)	[P] (mM)
Sample 1 (4)	7500	6.8	0.15	71	1.9	320
Sample 2 (5)	7600	7.1	0.18	70	2.2	320
Sample 3 (5)	7600	6.5	0.18	69	1.5	320
Sample 4 (18)	8400	5.1	0.22	65	2.0	330
Sample 5 (18)	8300	5.3	0.20	54	2.9	370
Sample 6 (18)	7500	5.4	0.19	61	2.4	370
Averages	$7800 \pm 400$	6 ± 1	$0.19 \pm 0.02$	65 ± 7	$2.1 \pm 0.5$	340 ± 20