

### **Electronic Supplementary Information**

Absorption, distribution, metabolism and excretion of selenium following oral administration of elemental selenium nanoparticles or selenite in rats

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**Table S1** Instrumental settings for chromatographic separations of Se species

Anion exchange HPLC

Column	ICSep ION-120, 120 mm x 4.6 mm x 5 µm (Transgenomic, San Jose, CA, USA)
Mobile phase	5 mM salicylate, 3% MeOH in water, pH 9.5 (isocratic)
Flow rate (mL/minute)	1.1
Injection volume (µL)	25

Reversed-phase HPLC

Column	Hypersil Gold, 250 mm x 2.1 mm x 5 µm
Mobile phase	200 nM ammonium acetate in 5 % MeOH in water
Flow rate (mL/minute)	0.2
Injection volume (µL)	5

Cation exchange HPLC

Column	Dionex IonPac CG5, 4 x 50 mm and Dionex IonPac GS5A, 4 x 250 mm
Mobile phase	10 mM oxalic acid, 20 mM potassium sulfate in 2 % MeOH in water (pH 3)
Flow rate (mL/minute)	0.3
Injection volume (µL)	5

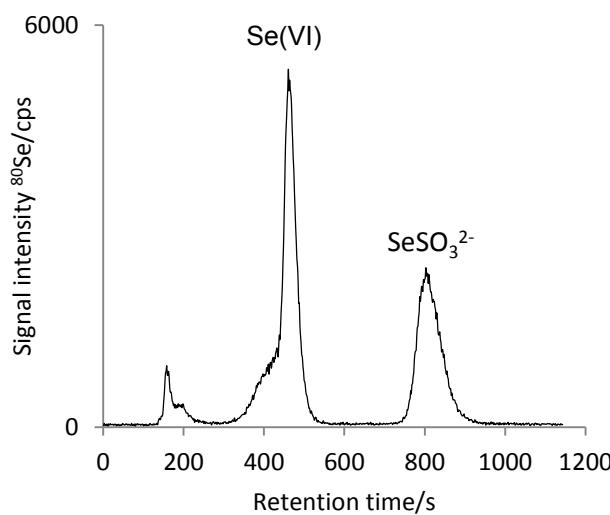
Heparin-affinity HPLC

Column	Shodex AF pak HR-894, 50 mm x 10 mm x 10 µm
Mobile phase A	50 mM ammonium formate in 3 % MeOH in water
Mobile phase B	1.5 M ammonium formate in 3 % MeOH in water
Gradient	100 % B: 0-1 minute and 100 % A: 2-7 minutes
Flow rate (mL/minute)	1.0
Injection volume (µL)	25
Post-column isotope dilution:	
<sup>77</sup> Se abundance (%)	99.2
Se concentration (µg/L)	10
Flow rate (g/minute)	0.3 (determined daily by weighing)

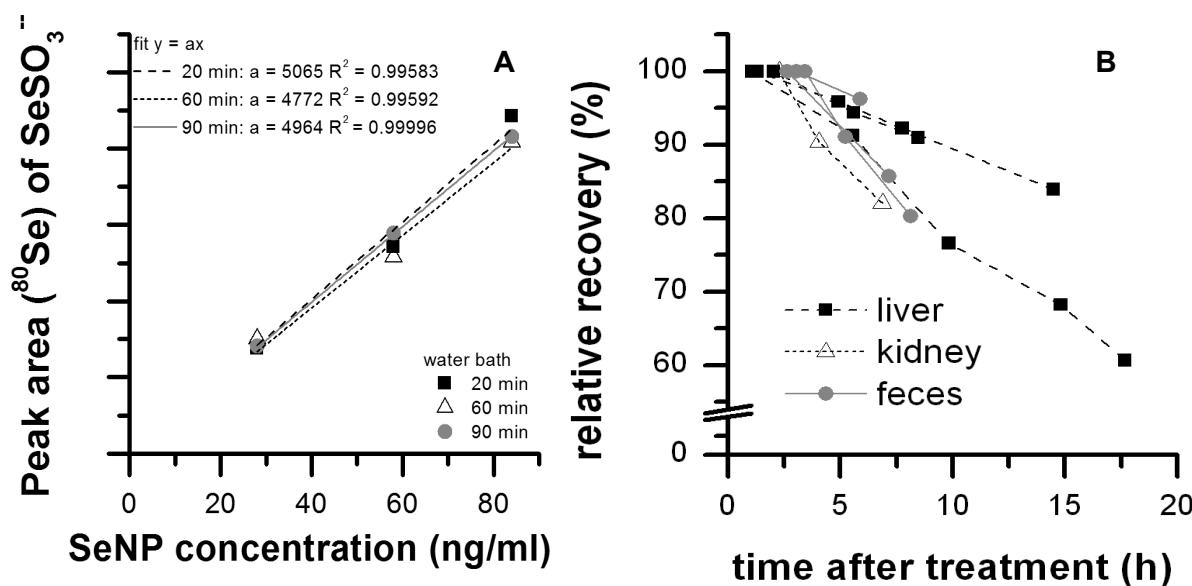
**Table S2** The relative amounts of Se-methylseleno-*N*-Acetyl-galactosamine (SeGalNAc) and trimethylselenonium-ion ( $\text{TMSe}^+$ ) in rat urine determined as the ratio of chromatographic peak areas to the total area of chromatogram. nd means not detectable

	0.05 mg/kg bw/day $\text{Se}^0\text{NP}$	0.5 mg/kg bw/day $\text{Se}^0\text{NP}$	0.05 mg/kg bw/day Se(IV)	0.5 mg/kg bw/day Se(IV)	Control (BSA)	Control (water)
% SeGalNAc						
	68.6	5.7	62.1	3.5	70.1	77.5
	74.0	30.1	79.1	54.8	73.7	71.7
	75.7	16.5	74.2	12.4	77.4	77.5
Mean ± s.d.	$72.8 \pm 3.7$	$17.4 \pm 12.2$	$71.8 \pm 8.7$	$23.6 \pm 27.4$	$73.7 \pm 3.7$	$75.6 \pm 3.4$
% $\text{TMSe}^+$						
	nd	51.5	nd	74.1	nd	nd
	nd	39.1	nd	23.4	nd	nd
	nd	68.4	nd	66.8	nd	nd
Mean ± s.d.		$53.0 \pm 14.7$		$54.8 \pm 27.4$		

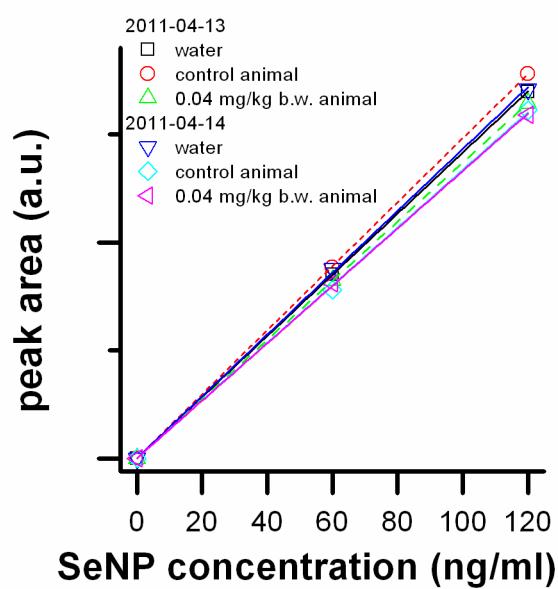
**Fig S0.** Anion exchange HPLC-ICP-DRC-MS chromatogram of  $\text{SeSO}_3^{2-}$  yielded from a sulfite-treated rat liver from a high-dosed animal (0.5 mg/kg bw/day). Se(VI) was spiked to sample homogenate as calibrant.



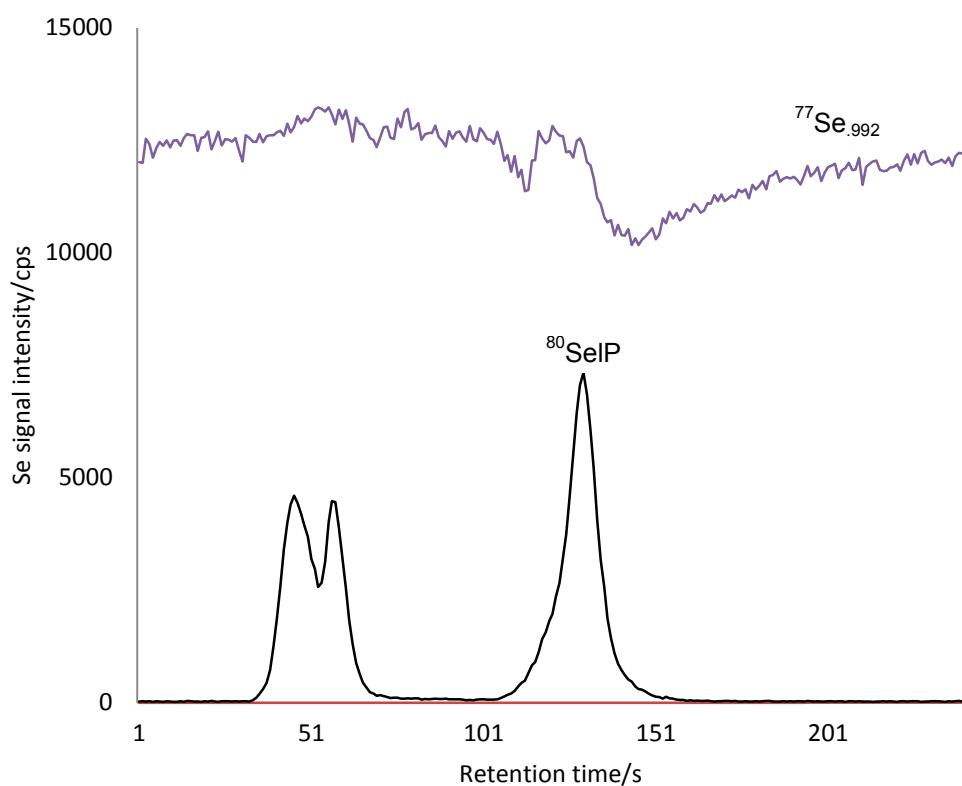
**Fig. S1** (A) Effect of treatment time on yield of  $\text{SeSO}_3^{2-}$  by reaction between sulfite and a range of  $\text{Se}^0$ NPs concentrations, and (B) Relative recovery of  $\text{Se}^0$  as  $\text{SeSO}_3^{2-}$  (150 ng Se) at different times after ended treatment of biological samples with sulfite for 20 minutes at 50°C. See Materials and Methods section for further method details.



**Fig. S2.** Peak areas of the anion-exchange HPLC-ICP-MS peak corresponding to  $\text{SeSO}_3^{2-}$  for  $\text{Se}^0\text{NPs}$  spiked to ultra-pure water, liver homogenates from animals from the control or low-dose groups. The absolute recovery of  $\text{SeSO}_3^{2-}$  (as Se) using calibration against co-chromatographed Se(VI) standards following spiking with 150 ng of SeNPs to liver, kidney and feces homogenates were (mean  $\pm$  s.d.) 64  $\pm$  12% (N=22) for liver, 72  $\pm$  13 % (N=9) for kidney and 68  $\pm$  12 % (N=7) for feces homogenates.



**Fig. S3** Heparin-affinity HPLC-ICP-DRC-MS chromatogram of rat plasma using isotope dilution quantification by enriched  $^{77}\text{Se}$  and using  $^{80}\text{Se}$  as reference isotope



**Fig. S4.** HPLC-ICP-MS chromatograms of rat urine collected from animals receiving Se<sup>0</sup>NPs (0.5 mg/kg bw/day). Upper: RP-HPLC-ICP-MS, lower: CX-ICP-MS. Peak identities: Se-methylseleno-N-Acetyl-galactosamine (SeGalNAc) and trimethylselenonium-ion (TMSe<sup>+</sup>).

