

Supporting Information

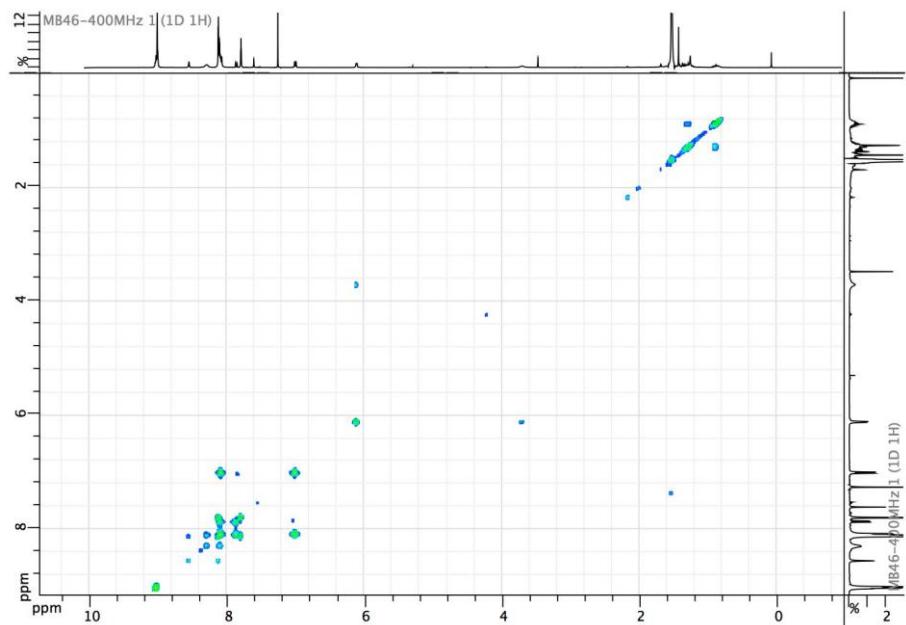


Figure SI-1. COSY spectrum (400MHz, CDCl₃, c = 1 x 10⁻³ M) of **8** showing scalar couplings in the 0-8.6 ppm range.

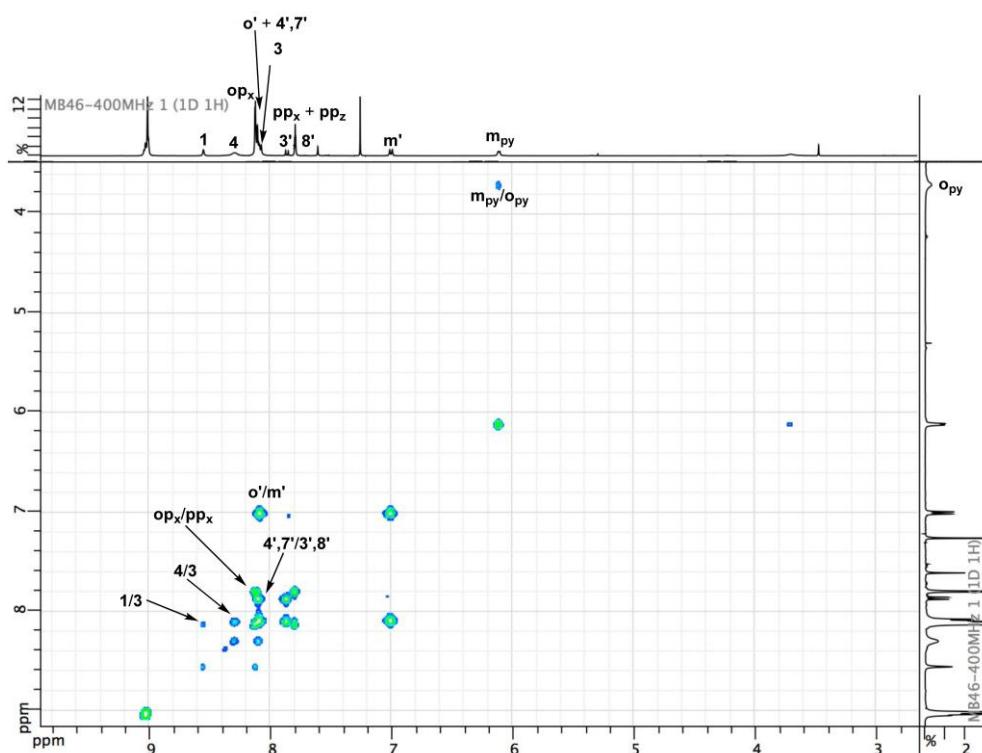


Figure SI-2. COSY spectrum (400 MHz, CDCl₃, c = 1 x 10⁻³ M) of **8** showing scalar couplings in the 4-9 ppm range.

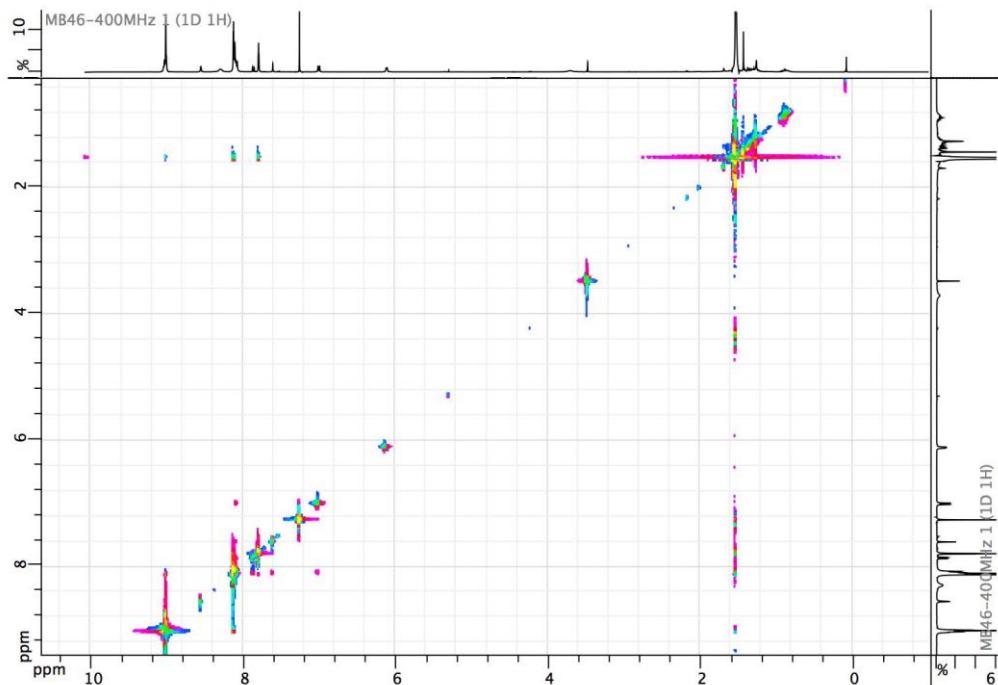


Figure SI-3. ROESY spectrum (400 MHz, CDCl_3 , $c = 1 \times 10^{-3}$ M) of **8** showing dipolar couplings in the 0-9 ppm range.

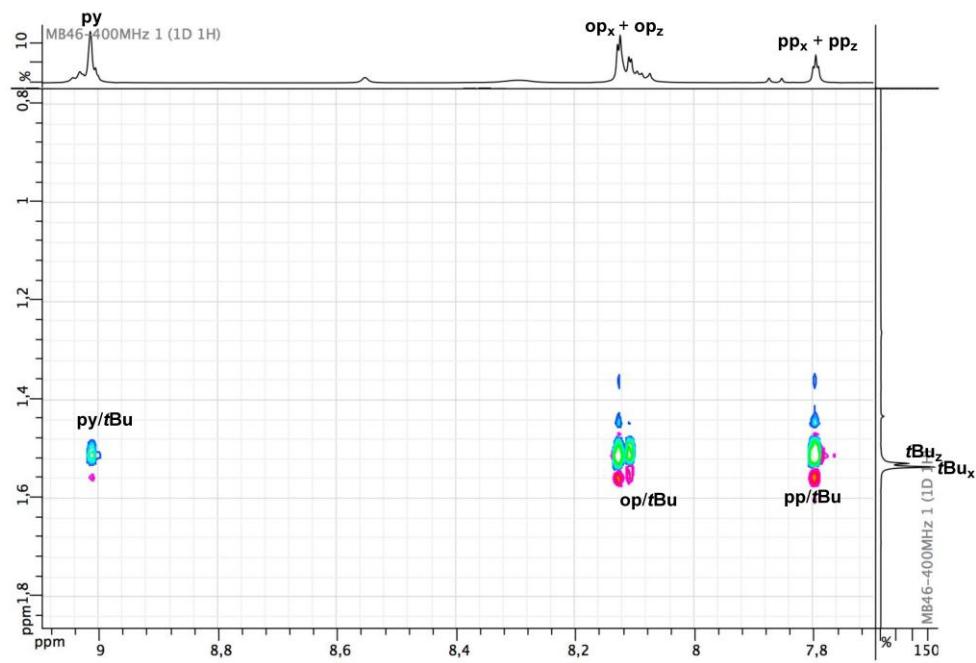


Fig SI-4. Zoom of the ROESY spectrum (400 MHz, CDCl_3 , $c = 1 \times 10^{-3}$ M) of **8** showing specific dipolar couplings with the *t*Bu groups.

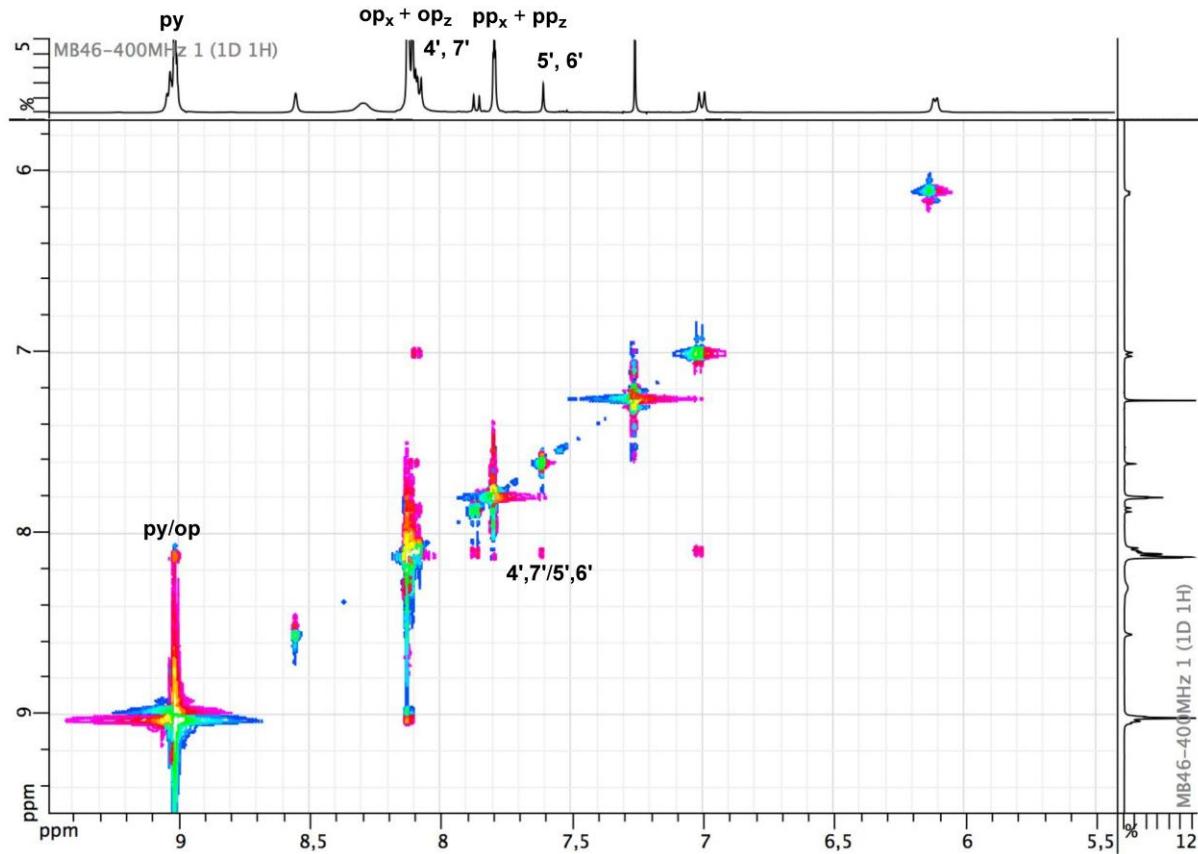


Figure SI-5. ROESY spectrum (400 MHz, CDCl_3 , $c = 1 \times 10^{-3}$ M) of **8** showing dipolar couplings in the 5.5-9 ppm range.

```
[PROGRAM]
Name = SPECFIT
Version = 3.0

[FILE]
Name = L.EXP
Path = C:\Program Files\SPECFIT\DATA\
Date = 28-sept-09
Time = 17:43:23
Ncomp = 2
Nmeas = 23
Nwave = 401

[FACTOR ANALYSIS]
Tolerance = 1,000E-09
Max.Factors = 10
Num.Factors = 7
Significant = 5
Eigen Noise = 8,044E-05
Exp't Noise = 8,044E-05
# Eigenvalue Square Sum Residual Prediction
1 2,950E+02 2,131E-01 4,807E-03 Data Vector
2 2,070E-01 6,164E-03 8,176E-04 Data Vector
3 4,272E-03 1,892E-03 4,530E-04 Data Vector
4 1,616E-03 2,760E-04 1,730E-04 Data Vector
5 2,164E-04 5,965E-05 8,044E-05 Data Vector
6 3,220E-05 2,744E-05 5,456E-05 Probably Noise
7 2,572E-05 1,722E-06 1,367E-05 Probably Noise

[MODEL]
Date = 28-sept-09
Time = 17:43:01
Model = 0
Index = 3
Function = 2
Species = 3
Params = 3

[SPECIES] [COLORED] [FIXED] [SPECTRUM]
1 0 0 True True ZNP2.FIX
0 1 0 False False
1 1 0 True False

[SPECIES] [FIXED] [PARAMETER] [ERROR]
1 0 0 True 0,00000E+00 +/- 0,00000E+00
0 1 0 True 0,00000E+00 +/- 0,00000E+00
1 1 0 False 5,23704E+00 +/- 1,97601E-01

[CONVERGENCE]
Iterations = 3
Convergence Limit = 1,000E-03
Convergence Found = 3,310E-07
Marquardt Parameter = 0,0
Sum(Y-y)^2 Residuals = 1,54335E-02
Std. Deviation of Fit(Y) = 1,29366E-03

[STATISTICS]
Experimental Noise = 2,359E-04
Relative Error Of Fit = 4,9859%
Durbin-Watson Factor = 0,6439
Goodness Of Fit, Chi^2 = 3,007E+01
Durbin-Watson Factor (raw data) = None
Goodness Of Fit, Chi^2 (raw data) = None

[COVARIANCE]
3,320E-01

[CORRELATION]
1,000E+00

[END FILE]
```

Figure SI-6. Fitting of the UV titration for macrocycle **8**. Addition of constant aliquots (10 µL) of a solution of bis(pyridine) **7** in toluene ($c = 3.26 \times 10^{-5}$ M) to a solution of bis-Zn porphyrin **4** in toluene ($c = 1.09 \times 10^{-6}$ M).

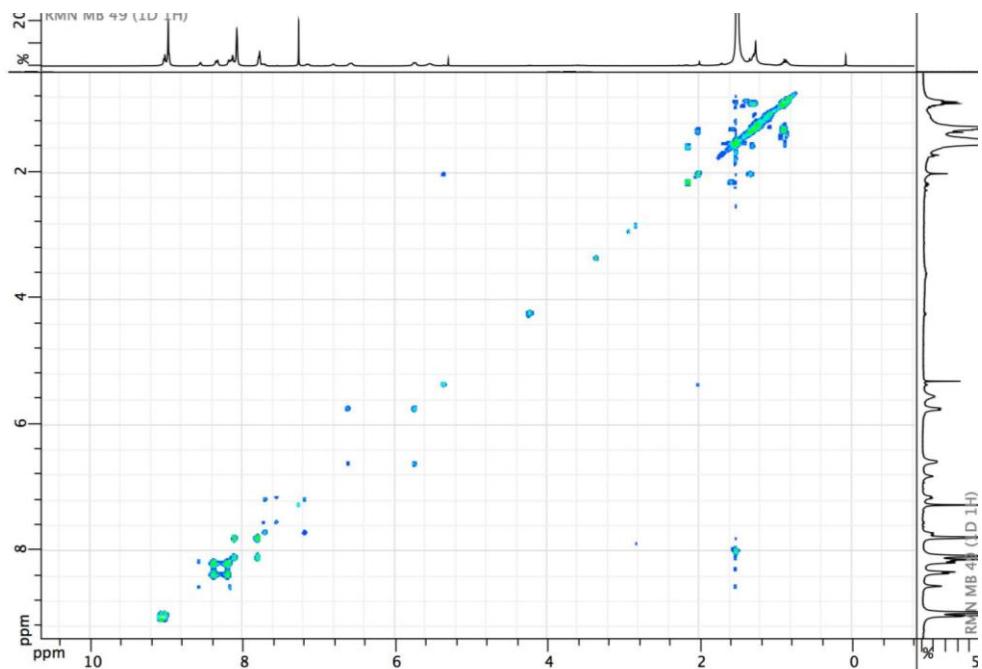


Figure SI-7. COSY spectrum (500 MHz, CDCl_3 , $c = 1 \times 10^{-3}$ M) of **10.PF₆** showing scalar couplings in the 0-10 ppm range.

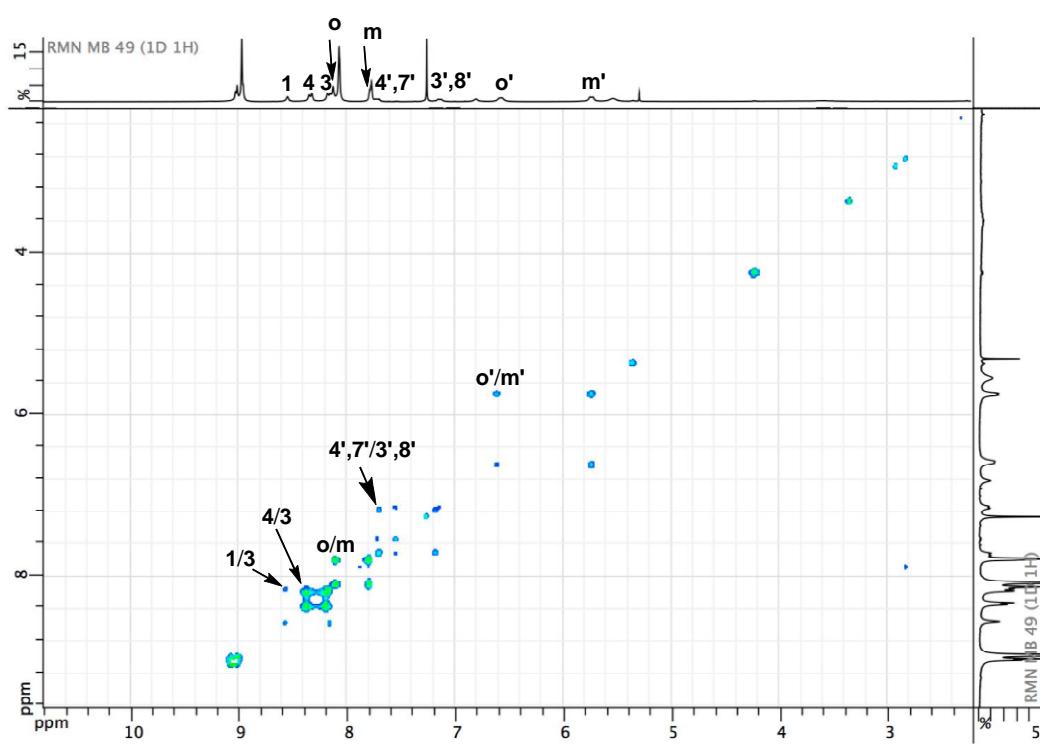


Figure SI-8. COSY spectrum (500 MHz, CDCl_3 , $c = 1 \times 10^{-3}$ M) of **10.PF₆** showing scalar couplings in the 3-9 ppm range.

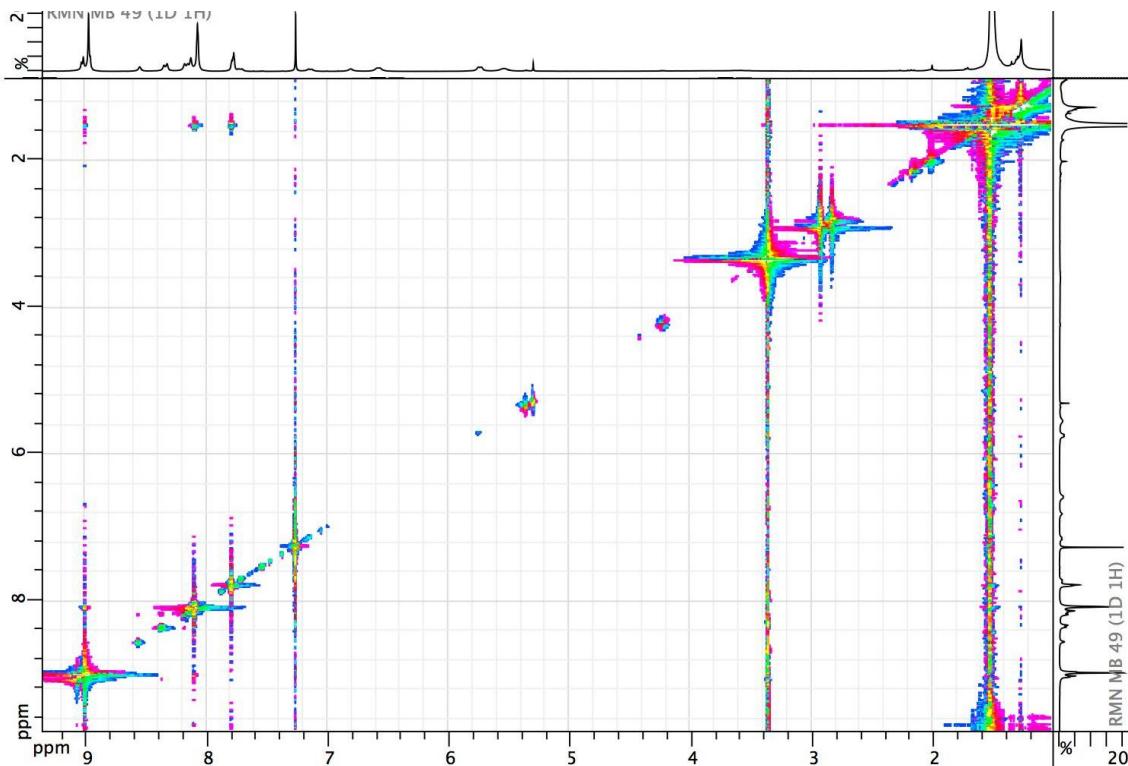


Figure SI-9. ROESY spectrum (500 MHz, CDCl_3 , $c = 1 \times 10^{-3} \text{ M}$) of **10.PF₆** showing dipolar couplings in the 0-9 ppm range.

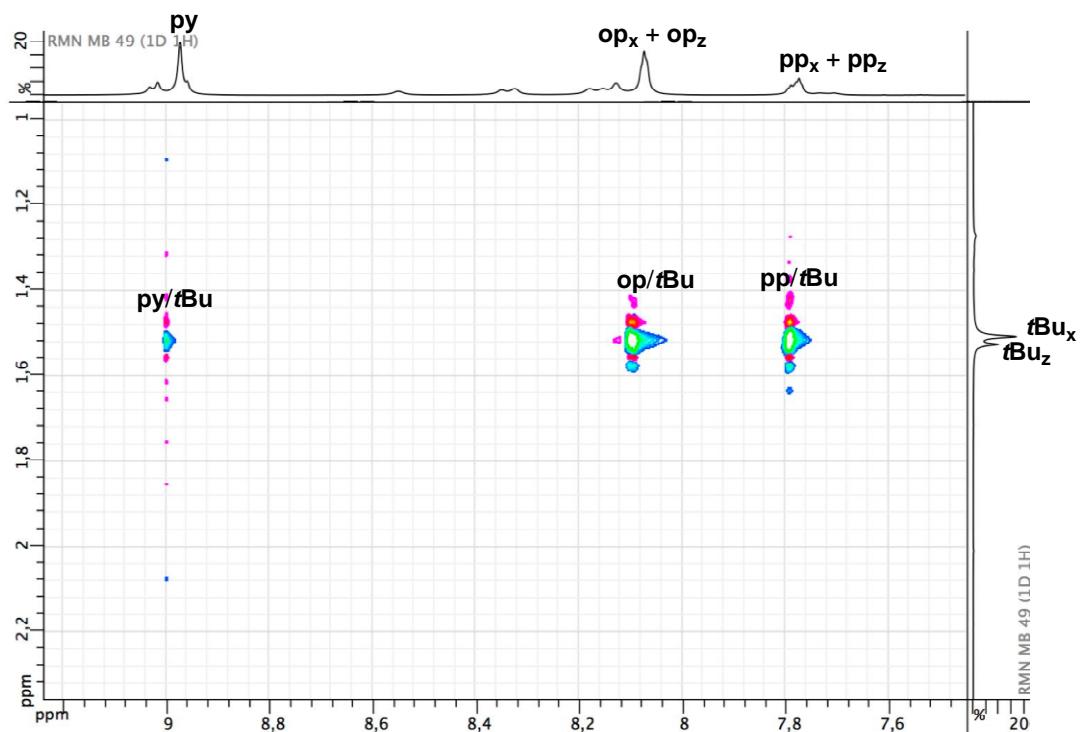


Figure SI-10. Zoom of the ROESY spectrum (500 MHz, CDCl_3 , $c = 1 \times 10^{-3} \text{ M}$) of **10.PF₆** showing specific dipolar couplings with the *tBu* groups.

```
[PROGRAM]
Name = SPECFIT
Version = 3.0

[FILE]
Name = L.EXP
Path = C:\Program Files\SPECFIT\DATA\
Date = 29-sept-09
Time = 19:19:42
Ncomp = 2
Nmeas = 27
Nwave = 341

[FACTOR ANALYSIS]
Tolerance = 1,000E-09
Max.Factors = 10
Num.Factors = 6
Significant = 3
Eigen Noise = 4,268E-04
Exp't Noise = 4,268E-04
# Eigenvalue Square Sum Residual Prediction
1 3,473E+02 3,201E-01 5,897E-03 Data Vector
2 3,128E-01 7,362E-03 8,943E-04 Data Vector
3 5,686E-03 1,676E-03 4,268E-04 Data Vector
4 8,939E-04 7,823E-04 2,916E-04 Probably Noise
5 4,939E-04 2,883E-04 1,770E-04 Probably Noise
6 2,532E-04 3,510E-05 6,177E-05 Probably Noise

[MODEL]
Date = 29-sept-09
Time = 19:19:40
Model = 0
Index = 3
Function = 2
Species = 3
Params = 3

[SPECIES] [COLORED] [FIXED] [SPECTRUM]
1 0 0 True True ZNP2'.FIX
0 1 0 True True MB48.FIX
2 1 0 True False

[SPECIES] [FIXED] [PARAMETER] [ERROR]
1 0 0 True 0,00000E+00 +/- 0,00000E+00
0 1 0 True 0,00000E+00 +/- 0,00000E+00
2 1 0 False 1,09399E+01 +/- 9,91649E-02

[CONVERGENCE]
Iterations = 6
Convergence Limit = 1,000E-03
Convergence Found = 1,429E-05
Marquardt Parameter = 0,0
Sum(Y-y)^2 Residuals = 1,60010E-02
Std. Deviation of Fit(Y) = 1,31837E-03

[STATISTICS]
Experimental Noise = 1,996E-04
Relative Error Of Fit = 6,4393%
Durbin-Watson Factor = 0,1680
Goodness Of Fit, Chi^2 = 4,362E+01
Durbin-Watson Factor (raw data) = None
Goodness Of Fit, Chi^2 (raw data) = None

[COVARIANCE]
6,580E-02

[CORRELATION]
1,000E+00

[END FILE]
```

Figure SI-11. Fitting of the UV titration for [2]catenane **10.PF₆**. Addition of constant aliquots (10 µL) of a solution of **9.PF₆** in toluene ($c = 3.26 \times 10^{-5}$ M) to a solution of bis-Zn porphyrin **4** in toluene ($c = 1.09 \times 10^{-6}$ M).

