

## Supplementary Video Captions

“Figure\_2a\_ESI\_10000\_fps.avi”

Representative video (10,000 fps) for data in Figure 2a. Vegetative algae (with flagella) at the end of a 6 cm long, 27  $\mu\text{m}$  by 52  $\mu\text{m}$  channel at 10  $\mu\text{L}/\text{min}$ .

“Figure\_2b\_ESI\_3200fps.avi”

Representative video (3,200 fps) for data in Figure 2b. Vegetative algae (without flagella) at the end of a 6 cm long, 27  $\mu\text{m}$  by 52  $\mu\text{m}$  channel at 10  $\mu\text{L}/\text{min}$ .

“Figure\_4a\_ESI\_13005\_fps.avi”

Representative video (13,005 fps) for data in Figure 4a. Co-encapsulation of ordered 10  $\mu\text{m}$  polystyrene microspheres. The flow rate in each 44  $\mu\text{m}$  by 31  $\mu\text{m}$  channel was 10  $\mu\text{L}/\text{min}$ .

“Figure\_4c\_ESI\_13005\_fps.avi”

Representative video (13,005 fps) for data in Figure 4a. Co-encapsulation of ordered 10  $\mu\text{m}$  polystyrene microspheres. The flow rate in each 44  $\mu\text{m}$  by 31  $\mu\text{m}$  channel was 10  $\mu\text{L}/\text{min}$ .

“Figure\_6\_a\_ESI\_13005\_fps.avi”

Representative video (13,005 fps) for data in Figure 6a. Co-encapsulation of ordered mt+ and mt- algae cells. The flow rate in each 44  $\mu\text{m}$  by 31  $\mu\text{m}$  channel was 10  $\mu\text{L}/\text{min}$ .

“Figure\_7\_a\_ESI\_100\_fps.avi”

Algae mating in droplets (100 fps). In the left droplets, mating had begun. In the right droplet, two algae gametes join together to start the mating process.

“Figure\_7\_b\_ESI\_100\_fps.avi”

Algae in droplets 30 minutes post-encapsulation (100 fps). The gametes freely move and begin looking for a mating pair.

“Figure\_7\_c\_ESI\_100\_fps.avi”

Algae droplets (same as those in Figure 7b video) 18 hours post-encapsulation (100 fps). The motion of cells is visibly stopped, and the number of cells reduced, in droplets where gametes have mated.

“Figure\_7\_d\_ESI\_100\_fps.avi”

Close-up view of flagellar agglutination (100 fps). Note the visible flagella entanglement between the two mating gametes.