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1. Synthesis and characterization of F-azo-COOH¹

Materials. Solvent and starting materials were used as received. α -CD (Energy, 98%), β -CD (Aladdin, 98%), 2,6-difluoroaniline (Energy, 99%), copper (I) cyanide (Aladdin, 99%) were used as received. All other chemicals were of analytical reagent grade and purchased from Sinopharm. Compounds 1a-3 were synthesized according to previous reports.¹



Figure S1. ¹H NMR spectrum (500 MHz, 298 K, DMSO-d₆) of F-azo-COOH in 10 mM Na₂CO₃ aqueous solution.





Figure S3. ¹⁹F NMR spectrum (400 MHz, 298 K, D_2O) of F-azo-COOH in 10 mM Na₂CO₃ aqueous solution. The ¹⁹F NMR spectrum showed two signals at -121.83 and -119.88 ppm that were assigned to the *trans* and *cis* isomers, respectively.





Figure S4. ¹H NMR spectra (500 MHz, 298 K, D₂O) of (a) F-azo-COOH (*trans:cis* = 95:5) in 10 mM Na₂CO₃ aqueous solution, (b) irradiation with green light for 10 min until the photostationary state (*trans:cis* = 16:84) was reached, (c) then with blue light for 8 min until the photostationary state (*trans:cis* = 69:31) was reached.

3. Partial ROESY spectrum of the mixture of F-azo-COOH and α -CD after irradiation with green light



Figure S5. Partial ROESY spectrum (500 MHz, 298 K, D₂O) of the mixture of F-azo-COOH (5 mM) and α -CD (1:1 molar ratio) in 10 mM Na₂CO₃ aqueous solution after irradiation with green light for 10 min. The NOE signals were undetectable between *cis*-F-azo-COOH and α -CD.

4. Partial ROESY spectrum of the mixture of F-azo-COOH and β -CD after irradiation with green light



Figure S6. Partial 2D ROESY spectra (500 MHz, 298 K,D₂O,5 mM) of the mixture of F-azo-COOH and β -CD (1:1 molar ratio) in 10 mM Na₂CO₃ aqueous solution after irradiation with green light. This spectra was obtained from magnifying the ROE signals in figure 5B.

5. ¹H NMR spectra in α -CD part of F-azo-COOH in the presence of various concentrations of α -CD



Figure S7. ¹H NMR spectra (500 MHz, 298 K, D₂O) in α -CD part of 1.0 mM F-azo-COOH in the presence of various concentrations of α -CD in 10 mM Na₂CO₃ aqueous solution. The H-5 resonance of α -CD remains unchanged upon increasing the concentration of α -CD, indicating that *trans*-F-azo-COOH molecule was then believed to be inserted shallowly in the cavity of α -CD.

6. ¹H NMR spectra in α -CD part of F-azo-COOH in the presence of various concentrations of α -CD after irradiation with green light



Figure S8. ¹H NMR spectra (500 MHz, 298 K, D₂O) in α -CD part of 1.0 mM F-azo-COOH in the presence of various concentrations of α -CD in 10 mM Na₂CO₃ aqueous solution after irradiation with green light.

7. ¹H NMR spectra in β -CD part of F-azo-COOH in the presence of various concentrations of β -CD



Figure S9. ¹H NMR spectra (500 MHz, 298 K, D₂O) in β -CD part of 1.0 mM F-azo-COOH in the presence of various concentrations of β -CD in 10 mM Na₂CO₃ aqueous solution. The ¹H NMR signals for the inner C3 protons of β -CD unchanged at the concentration >10 mM.

8. ¹H NMR spectra in β -CD part of F-azo-COOH in the presence of various concentrations of β -CD after irradiation with green light



Figure S10. ¹H NMR spectra (500 MHz, 298 K, D₂O) in β -CD part of 1.0 mM F-azo-COOH in the presence of various concentrations of β -CD in 10 mM Na₂CO₃ aqueous solution after irradiation with green light.

9. ¹H NMR spectra (500 MHz, D₂O) of 1.0 mM F-azo-COOH in the presence of various concentrations of α -and β -CD after irradiation with green light and Benesi-Hildebrand plot²



Figure S11. ¹H NMR spectra (500 MHz, 298 K, D₂O) of 1.0 mM F-azo-COOH in the presence of various concentrations of α - and β -CD in 10 mM Na₂CO₃ aqueous solution after irradiation with green light (A and B) and Benesi-Hildebrand plot of $1/\Delta\delta_{obs}$ against $1/[\alpha$ -CD] and $1/[\beta$ -CD], respectively (C and D). C_{CD} : (a) 0, (b) 2, (c) 4, (d) 6, (e) 8 and (f) 10 mM.

10. Benesi-Hildebrand plot² of all complexes



Figure S12. Benesi-Hildebrand plot (A) of $1/\Delta\delta_{obs}$ (*trans*-F-azo-COOH)against $1/[\alpha$ -CD]; B) of $1/\Delta\delta_{obs}$ (*trans*-F-azo-COOH) against $1/[\beta$ -CD]; C) of $1/\Delta\delta_{obs}$ (*cis*-F-azo-COOH)against $1/[\alpha$ -CD] and D) of $1/\Delta\delta_{obs}$ (*cis*-F-azo-COOH) against $1/[\beta$ -CD].

Table S1. The data of detected association constant (<i>K</i>)	of trans-F-azo-	·COOH/α-CD
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	<i>K</i> (M ⁻¹)	<i>K</i> -AVG (M ⁻¹)
1	56	
2	51	50 ± 7
3	42	

Table S2. '	The data of	detected	association	constant (K	() of	<i>cis-</i> F-azc	-COOH/α-CD
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	<i>K</i> (M ⁻¹)	<i>K</i> -AVG (M ⁻¹)
1	21	
2	34	29 ± 7
3	33	

Table S3. The data of detected association constant (*K*) of *trans*-F-azo-COOH/ β -CD

	<i>K</i> (M ⁻¹)	<i>K</i> -AVG (M ⁻¹)
1	1.84×10^{3}	
2	2.18×10 ³	$2.1\pm0.2 imes10^3$
3	2.19×10 ³	

Table S4. The data of detected association constant (*K*) of *cis*-F-azo-COOH/ β -CD

	<i>K</i> (M ⁻¹)	<i>K</i> -AVG (M ⁻¹)
1	2.8×10 ³	
2	2.9×10 ³	$3.0\pm0.3 imes10^3$
3	3.4×10 ³	

 α -CD before and after irradiation with green light



Figure S13. ICD and UV-vis spectra of 5×10^{-5} M F-azo-COOH in the presence of 10 mM α -CD before (black line) and after irradiation with green light for 10 min (green line) measured in 10 mM Na₂CO₃ aqueous solution at room temperature.

(1) Bléger, D.; Schwarz, J.; Brouwer, A. M.; Hecht, S. J. Am. Chem. Soc. 2012, 134, 20597-20600.

(2) Fielding, L. Tetrahedron 2000, 56, 6151-6170.