SUPPORTING INFORMATION

For

Regio- and Stereoretentive Synthesis of Branched, Linear (E)- and (Z)- Allyl Fluorides from Allyl Carbonates under Ir-Catalysis

Table of Contents

1. General Experimental Information	2
2. Experimental Procedures and Characterization Data	2
3. ¹⁸ F-Labeling Experiments	
4. ¹⁸ O-Labeling Experiments	
5. NMR Experiments	
6. References	
7. HPLC Traces	
8. NMR Spectra of Novel Compounds	56

1. General Experimental Information

All NMR spectra were recorded on Bruker DPX250, AV400, AVC500, AVB500 and DRX500 spectrometers. Proton and carbon-13 NMR spectra are reported as chemical shifts (δ) in parts per million (ppm) relative to the solvent peak using the Bruker internal referencing procedure (edlock). Fluorine-19 NMR spectra are referenced relative to CFCl₃ in CDCl₃. Coupling constants (J) are reported in units of hertz (Hz). High resolution mass spectra (HRMS, m/z) were recorded on a Bruker MicroTOF spectrometer using positive electrospray ionization (ESI⁺) or on a Micromass GCT spectrometer using field ionization (FI⁺) or chemical ionization (CI⁺). Infrared spectra were recorded either as the neat compound on NaCl discs or as a KBr pellet using a Bruker Tensor 27 FT-IR spectrometer. Absorptions are reported in wavenumbers (cm⁻¹) and only peaks of interest are reported. Melting points of solids were measured on a Griffin apparatus and are uncorrected. Chiral HPLC was performed on DIONEX P680 using OD, IA chiralcel columns. IUPAC names were obtained using the ACD/I-Lab service. All reactions were performed in flame-dried apparatus with magnetic stirring under an inert atmosphere. All solvents were dried on a column of alumina prior to use. Flash column chromatography was performed over Merck silica gel C60 (40-60 µm) using eluent systems as described for each experiment. TBAF(tBuOH)₄ was prepared according to the procedure of Kim.¹ Iridium complexes IrCODacac² and $[Ir(COD)(\kappa 2 P^{C}(P^{C})^{3}$ were prepared according to literature procedures.

2. Experimental Procedures and Characterization Data

2.1 Synthesis of branched allylic carbonates

1-(Benzyloxy)but-3-en-2-ol, 4a



To a solution of benzyloxyacetaldehyde (5.0 g, 33.3 mmol) in THF (150 mL) at 0 °C was added vinylmagnesium bromide solution (1M in THF, 50 mL, 50 mmol). The reaction mixture was allowed to warm to room temperature and stirred for 5 h at room temperature. The reaction was quenched by addition of water. The aqueous phase was extracted 3 times with Et₂O, the combined organic phases were dried (MgSO₄), filtered and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (petroleum ether 30-40% : Et₂O/ 9:1) to yield the title compound (4.52 g, 76%). ¹H NMR (400MHz, CDCl₃): δ 7.40-7.29 (m, 5H), 5.85 (ddd, *J* = 17Hz, 11Hz, 6Hz, 1H), 5.38 (dt, *J* = 17Hz, 2Hz, 1H), 5.21 (dt, *J* = 11Hz, 2Hz, 1H), 4.59 (s, 2H), 4.40-4.34 (m, 1H), 3.57 (dd, *J* = 10Hz, 3Hz, 1H), 3.57 (dd, *J* = 10Hz, 8Hz, 1H); ¹³C NMR (100MHz, CDCl₃): δ 137.8, 136.5, 128.5, 127.8, 127.7, 116.5, 74.0, 73.4, 71.5. Data are in agreement with literature.⁴

1-(Benzyloxy)but-3-en-2-yl methyl carbonate, 1a



To a solution of **4a** (2.67 g, 15.0 mmol) and pyridine (3.60 mL, 45 mmol) in DCM (65 mL) at 0° C was added methyl chloroformate (2.31 mL, 30 mmol). The reaction mixture was allowed

to warm to room temperature and stirred for 8 h at room temperature. The reaction was quenched by addition of 1M HCl aqueous solution. The aqueous phase was extracted 3 times with Et₂O, the combined organic phases were dried (MgSO4), filtered and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (petroleum ether 30-40%: Et₂O/ 9:1) to yield the title compound (3.04 g, 86%). ¹H NMR (400MHz, CDCl₃): δ 7.38-7.28 (m, 5H), 5.85 (ddd, *J* = 17Hz, 11Hz, 6Hz, 1H), 5.41 (d, *J* = 17Hz, 1H), 5.35-5.31 (m, 1H), 5.30 (d, *J* = 11Hz, 1H), 4.59 (s, 2H), 3.80 (s, 3H), 3.65-3.57 (m, 2H); ¹³C NMR (100MHz, CDCl₃): δ 155.2, 137.8, 132.7, 128.4, 127.7, 127.6, 118.7, 77.0, 73.3, 71.2, 54.8. Data are in agreement with literature.⁵

1-(Benzyloxy)but-3-en-2-yl acetate



To a solution of **4a** (0.10 g, 0.56 mmol) and triethylamine (86 μ L, 0.62 mmol) in DCM (4 mL) at 0 °C was added acetyl chloride (44 μ L, 0.62 mmol). The reaction mixture was allowed to warm to room temperature and stirred for 8 h at room temperature. The reaction was quenched by addition of sat. aqueous NaHCO₃ solution. The organic phase was washed with water and brine, dried (MgSO4), filtered and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (dichloromethane) to yield the title compound (0.11 g, 89%). ¹H NMR (400MHz, CDCl₃): δ 7.35-7.24 (m, 5H), 5.83 (ddd, *J* = 17Hz, 11Hz, 6Hz, 1H), 5.49 (tdt, *J* = 6Hz, 5Hz, 1Hz, 1H), 5.31 (dt, *J* = 11Hz, 1Hz, 1H), 5.23 (dt, *J* = 11Hz, 1Hz, 1H), 4.55 (d, *J* = 3Hz, 2H), 3.57-3.54 (m, 2H), 2.08 (s, 3H); ¹³C NMR (100MHz, CDCl₃): δ 170.2, 137.9, 133.3, 128.4, 127.7, 127.6, 117.9, 73.2, 73.1, 71.2, 21.2; IR *v* 2863, 1739, 1233, 1094; HRMS calc for C₁₃H₁₆NaO₃ [M+Na]⁺ 243.0997 found 243.0992.

1-(Benzyloxy)but-3-en-2-yl benzoate



To a solution of **4a** (0.18 g, 1 mmol) and pyridine (0.08 mL, 1 mmol) in DCM (6 mL) at 0 °C was added benzoyl chloride (0.12 mL, 1 mmol). The reaction mixture was allowed to warm to room temperature and stirred for 12 h at room temperature. The reaction was quenched by addition of 1M HCl aqueous solution. The aqueous phase was extracted 3 times with Et₂O, the combined organic phases were dried (MgSO₄), filtered and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (petroleum ether 30-40%: Et₂O/ 9:1) to yield the title compound (0.26 g, 92%). ¹H NMR (400MHz, CDCl₃): δ 8.10 (d, *J* = 9Hz, 2H), 7.58 (t, *J* = 7Hz, 1H), 7.46 (t, *J* = 8Hz, 2H), 7.35-7.28 (m, 5H), 5.98 (ddd, *J* = 17Hz, 11Hz, 6Hz, 1H), 5.76 (dd, *J* = 10Hz, 5Hz, 1H), 5.44 (d, *J* = 17Hz, 1H), 5.31 (d, *J* = 11Hz, 1H), 4.63 (q, *J* = 12Hz, 2H), 3.76 (dd, *J* = 11Hz, 7Hz, 1H), 3.72 (dd, *J* = 11Hz, 5 Hz, 1H); ¹³C NMR (100MHz, CDCl₃): δ 165.7, 138.0, 133.4, 133.0, 130.3, 129.7, 128.4, 128.3, 127.7, 127.6, 118.0, 73.7, 73.2, 71.3. Data are in agreement with literature.⁶

1-(Benzyloxy)but-3-en-2-yl 4-nitrobenzoate



To a solution of **4a** (0.18 g, 1 mmol) and triethylamine (0.14 mL, 1 mmol) in DCM (6 mL) at 0 °C was added *p*-nitrobenzoyl chloride (0.19 mL, 1 mmol). The reaction mixture was allowed to warm to room temperature and stirred for 4 h at room temperature. The reaction was quenched by addition of 1M HCl aqueous solution. The aqueous phase was extracted 3 times with Et₂O, the combined organic phases were dried (MgSO₄), filtered and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (petroleum ether 30-40%: Et₂O/ 9:1) to yield the title compound (0.27 g, 82%). ¹H NMR (400MHz, CDCl₃): δ 8.32-8.23 (m, 4H), 7.32-7.25 (m, 5H), 5.96 (ddd, *J* = 17Hz, 11Hz, 6Hz, 1H), 5.79-5.76 (m, 1H), 5.46-5.32 (m, 2H), 4.61 (d, *J* = 5Hz, 2H), 3.73 (dd, *J* = 5Hz, 2Hz, 2H); ¹³C NMR (100MHz, CDCl₃): δ 163.9, 151.0, 137.7, 135.7, 132.6, 130.8, 128.4, 127.8, 127.6, 123.5, 118.9, 74.9, 73.2, 71.1; IR (DCM) *v* 1724, 1525, 1267, 1100; HRMS calc for C₁₈H₁₇NNaO₅ [M+Na]⁺ 350.0999 found 350.1003.

1-(Dodecyloxy)but-3-en-2-ol



To a solution of but-3-ene-1,2-diol (0.84 mL, 10.0 mmol) in THF (15 mL) and DMF (4 mL) at 0 °C was carefully added sodium hydride (0.30 g, 7.5 mmol). After being stirred for 20 min at 0 °C, 1-bromododecane (0.85 mL, 5.0 mmol) was added at 0 °C, and the resulting mixture was allowed to warm to room temperature and stirred for 24 h at room temperature. The reaction was quenched by addition of sat. aqueous NH₄Cl solution. The aqueous phase was extracted 3 times with EtOAc, the combined organic phases were washed with water and dried (MgSO₄), filtered and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (hexane : Et₂O/ 9:1) to yield the title compound (0.26 g, 20%). ¹H NMR (400MHz, CDCl₃): δ 5.82 (ddd, J = 17Hz, 11Hz, 6Hz, 1H), 5.34 (dt, J = 17Hz, 2Hz, 1H), 5.16 (dt, J = 11Hz, 2Hz, 1H), 4.32-4.26 (m, 1H), 3.46-3.40 (m, 3H), 3.29 (dd, J = 10Hz, 8Hz, 1H), 1.57-1.51 (m, 2H), 1.30-1.22 (m, 18H), 0.84 (t, J = 7Hz, 3H); ¹³C NMR (100MHz, CDCl₃): δ 136.9, 116.4, 74.7, 71.7, 71.6, 29.8, 29.8, 29.7, 29.7, 29.6, 29.6, 29.5, 26.3, 22.8, 14.3. IR (CDCl₃) v 3441, 1116; HRMS calc for C₁₆H₃₂NaO₂ [M+Na]⁺ 279.2295, found 279.2300.

1-(Dodecyloxy)but-3-en-2-yl methyl carbonate, 1c

To a solution of 1-(dodecyloxy)but-3-en-2-ol (0.26 g, 1.0 mmol) and pyridine (0.24 mL, 3 mmol) in DCM (20 ml) at 0 °C was added dropwise methyl chloroformate (0.15 mL, 2 mmol). The reaction mixture was allowed to warm to room temperature and stirred for 2 h at room temperature. The reaction was quenched by addition of 1M HCl aqueous solution. The aqueous phase was extracted 3 times with Et_2O , the combined organic phases were dried

(MgSO₄), filtered and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (petroleum ether 30-40% : Et₂O/ 9:1) to yield the title compound (0.28 g, 90%). ¹H NMR (400MHz, CDCl₃): δ 5.82 (ddd, *J* = 17Hz, 11Hz, 6Hz, 1H), 5.36 (dt, *J* = 17Hz, 1Hz, 1H), 5.27-5.24 (m, 2H), 3.77 (s, 3H), 3.51-3.38 (m, 4H), 1.55-1.50 (m, 2H), 1.28-1.20 (m, 18H), 0.86 (t, *J* = 7Hz, 3H); ¹³C NMR (125MHz, CDCl₃): δ 155.4, 133.1, 118.8, 77.6, 72.1, 71.9, 54.9, 32.1, 29.9, 29.8, 29.8, 29.7, 29.6, 26.2, 22.9, 14.3; IR (CDCl₃) v 1752, 1264; HRMS calc for C₁₈H₃₄NaO₄ [M+Na]⁺ 337.2349, found 337.2346.

2-Hydroxybut-3-en-1-yl benzoate



To a solution of butene-1,2-diol (0.33 mL, 4.0 mmol) in pyridine (2 mL) at -35 °C was added a solution of benzoyl chloride (0.56 mL, 4.8 mmol) in pyridine (1 mL). The reaction mixture was stirred for 12 h at -35 °C. The reaction was quenched by addition of water. The aqueous phase was extracted 3 times with DCM, the combined organic phases were washed with 2M HCl_(aq) and NaHCO₃ solution, dried (MgSO₄), filtered and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (petroleum ether 30-40% : Et₂O/ 9:1) to yield the title compound (0.66 g, 85%). ¹H NMR (400MHz, CDCl₃): δ 8.04-8.01 (m, 2H), 7.56-7.52 (m, 1H), 7.43-7.39 (m, 2H), 5.92 (ddd, *J* = 17Hz, 10Hz, 6Hz, 1H), 5.42 (d, *J* = 17Hz, 1H), 5.26 (d, *J* = 10Hz, 1H), 4.53-4.49 (m, 1H), 4.39 (dd, *J* = 11Hz, 4Hz, 1H), 4.27 (dd, *J* = 11Hz, 6Hz, 1H), 2.58 (brs, 1H); ¹³C NMR (100MHz, CDCl₃): δ 166.7, 136.2, 133.2, 129.8, 129.7, 128.4, 117.2, 71.1, 68.3. Data are in agreement with literature.⁷

2-[(Methoxycarbonyl)oxy]but-3-en-1-yl benzoate, 1d



To a solution of 2-hydroxybut-3-en-1-yl benzoate (0.20 g, 1.04 mmol) and pyridine (0.25 mL, 3.12 mmol) in DCM (5 mL) at 0 °C was added methyl chloroformate (0.16 mL, 2.08 mmol). The reaction mixture was allowed to warm to room temperature and stirred for 8 h at room temperature. The reaction was quenched by addition of 1M HCl aqueous solution. The aqueous phase was extracted 3 times with Et₂O, the combined organic phases were dried (MgSO₄), filtered and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (petroleum ether 30-40% : Et₂O/ 9:1) to yield the title compound (0.23 g, 89%). ¹H NMR (400MHz, CDCl₃): δ 8.01 (d, *J* = 8Hz, 2H), 7.55 (t, *J* = 8Hz, 1H), 7.44-7.40 (m, 2H), 5.89 (ddd, *J* = 17Hz, 11Hz, 6Hz, 1H), 5.50-5.45 (m, 2H), 5.35 (d, *J* = 11Hz, 1H), 4.49 (dd, *J* = 12Hz, 4Hz, 1H), 4.37 (dd, *J* = 12Hz, 7Hz, 1H), 3.78 (s, 3H); ¹³C NMR (100MHz, CDCl₃): δ 166.1, 155.1, 133.2, 131.7, 129.7, 129.6, 128.4, 119.7, 76.2, 65.1, 55.0; IR (CH₂Cl₂) v 1752, 1735, 1264; HRMS calc for C₁₃H₁₄O₅⁺ [M]⁺ 250.0841, found 250.0841.

(3E)-4-Phenylbut-3-en-2-ol



To a solution of (3*E*)-4-phenyl-3-butene-2-one (1.02 mL, 7 mmol) in MeOH (4 mL) at 0 °C was added sodium borohydride (0.28 g, 7.35 mmol). The reaction mixture was stirred for 2 h at 0 °C. The reaction was quenched by addition of 1M HCl aqueous solution. The aqueous phase was extracted 3 times with EtOAc, the combined organic phases were dried (MgSO₄), filtered and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (hexane : EtOAc/ 5:5) to yield the title compound (0.96 g, 93%) as a yellow oil. ¹H NMR (400MHz, CDCl₃): δ 7.39 (dt, *J* = 7Hz, 2Hz, 2H), 7.32 (dt, *J* = 7Hz, 2Hz, 2H), 7.24 (tt, *J* = 7Hz, 2Hz, 1H), 6.57 (d, *J* = 16Hz, 1H), 6.27 (dd, *J* = 16Hz, 7Hz, 1H), 4.55-4.43 (m, 1H), 2.11 (brs, 1H), 1.38 (d, *J* = 7Hz, 3H); ¹³C NMR (100MHz, CDCl₃): δ 136.7, 133.6, 129.3, 128.6, 127.6, 126.4, 68.8, 23.4. Data are in agreement with literature.⁸

Methyl (3E)-4-phenylbut-3-en-2-yl carbonate, 1e



To a solution of (3E)-4-phenylbut-3-en-2-ol (0.15 g, 1.01 mmol) and pyridine (0.25 mL, 3.03 mmol) in DCM (5 mL) at 0 °C was added methyl chloroformate (0.16 mL, 2.02 mmol). The reaction mixture was allowed to warm to room temperature and stirred for 8 h at room temperature. The reaction was quenched by addition of 1M HCl aqueous solution. The aqueous phase was extracted 3 times with Et₂O, the combined organic phases were dried (MgSO₄), filtered and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (petroleum ether 30-40% : Et₂O/ 9:1) to yield the title compound (0.19 g, 94%). ¹H NMR (400MHz, CDCl₃): δ 7.42-7.39 (m, 2H), 7.35-7.31 (m, 2H), 7.28-7.25 (m, 1H), 6.67 (d, *J* = 16Hz, 1H), 6.22 (dd, *J* = 16Hz, 7Hz, 1H), 5.42-5.35 (m, 1H), 3.80 (s, 3H), 1.49 (d, *J* = 7Hz, 3H); ¹³C NMR (100MHz, CDCl₃): δ 155.1, 136.1, 132.3, 128.6, 128.1, 128.0, 126.6, 75.3, 54.6, 20.5. Data are in agreement with literature.⁹

2.2 Synthesis of *E* linear allylic carbonates:

Allyl benzyl ether



To a solution of allyl alcohol (0.6 mL, 10.3 mmol) and pyridine (1.9 mL, 23.2 mmol) in DCM (17 mL) at 0 °C was added benzyl chloride (2.0 mL, 17.4 mmol). The reaction mixture was allowed to warm to room temperature and stirred for 5 h at room temperature. The reaction was quenched by addition of 1M HCl aqueous solution. The aqueous phase was extracted 3 times with Et₂O, the combined organic phases were dried (MgSO₄), filtered and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (petroleum ether 30-40%) to yield the title compound (1.29 g, 78%). ¹H NMR (400MHz, CDCl₃): δ 7.37 (d, *J* = 4Hz, 4H), 7.34-7.28 (m, 1H), 6.02-5.93 (ddt, *J* = 17Hz, 10Hz, 6Hz, 1H), 5.33 (ddt, *J* = 17Hz, 3Hz, 1Hz, 1H), 5.22 (ddt, *J* = 10Hz, 3Hz, 1Hz, 1H), 4.54 (s, 2H) (dt,

J = 6Hz, 1Hz, 2H); ¹³C NMR (100MHz, CDCl₃): δ 138.3, 134.7, 128.4, 127.7, 127.6, 117.1, 72.1, 71.1. Data are in agreement with literature.¹⁰

Benzyl hex-5-en-1-yl ether



To a solution of NaH (0.7 g, 17.4 mmol) in DMF (12 mL) at 0 °C was added hex-5-en-1-ol (1.4 mL, 11.6 mmol). The reaction mixture was allowed to warm to room temperature and stirred for 20 min. Benzyl bromide (2.1 mL, 17.4 mmol) was added and the mixture was allowed to stir for 1.5 h. The reaction was quenched by addition of 1M HCl aqueous solution. The aqueous phase was extracted 3 times with Et₂O, the combined organic phases were dried (MgSO4), filtered and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (petroleum ether 30-40%) to yield the title compound (1.04 g, 47%). ¹H NMR (400MHz, CDCl₃): δ 7.36 (d, *J* = 4Hz, 4H), 7.33-7.28 (m, 1H), 5.87-5.77 (m, 1H), 5.02 (dd, *J* = 17Hz, 2Hz, 1H), 4.96 (dd, *J* = 10Hz, 1Hz, 1H), 4.52 (s, 2H), 3.49 (t, *J* = 7Hz, 2H), 2.11-2.06 (m, 2H), 1.69-1.62 (m, 2H), 1.53-1.46 (m, 2H); ¹³C NMR (100MHz, CDCl₃): δ 138.8, 138.7, 128.3, 127.6, 127.5, 114.5, 72.9, 70.2, 33.6, 29.2, 25.5. Data are in agreement with literature.¹¹

tert-Butyl allyl(methyl)carbamate



To a solution of *N*-methylprop-2-en-1-amine (0.5 mL, 5.0 mmol) and triethylamine (1.5 mL, 11.0 mmol) in anhydrous DCM (6 mL) at 0 °C was added di-*tert*-butyl malonate (1.3 mL, 5.5 mmol) in 2 portions. The reaction mixture was allowed to warm to room temperature and stirred overnight at room temperature. The solvent was removed *in vacuo* and the crude product was purified by silica gel column chromatography (petroleum ether 30-40% /diethyl ether: 9/1) to yield the title compound (0.58 g, 68%) as a white solid. ¹H NMR (400MHz, CDCl₃): δ 5.81-5.71 (m, 1H), 5.14-5.10 (m, 2H), 3.81 (brs, 2H), 2.82 (s, 3H), 1.46 (s, 9H); ¹³C NMR (100MHz, CDCl₃): 155.7, 133.6, 116.1, 79.3, 51.4, 33.6, 28.3. Data are in agreement with literature.¹²

2-Allyl-1*H*-isoindole-1,3(2*H*)-dione



To a suspension of potassium phthalimide (1.9 g, 10.0 mmol) and tetrabutylammonium bromide (64 mg, 0.2 mmol) in anhydrous DMF (10 mL) at room temperature was added dropwise allylbromide (0.9 mL, 10.0 mmol). The reaction mixture was stirred overnight at room temperature and then poured into 10 mL of water. The solid was filtered and washed with water. The crude product is purified by recrystallization from hexane to yield the title

compound (1.3 g, 70%) as a white solid. ¹H NMR (400MHz, CDCl₃): δ 7.89-7.85 (m, 2H), 7.75-7.71 (m, 2H), 5.95-5.85 (m, 1H), 5.26 (dd, J = 17Hz, 1Hz, 1H), 5.21 (dd, J = 10Hz, 1Hz, 1H), 4.31 (d, J = 6Hz, 2H); ¹³C NMR (100MHz, CDCl₃): δ 168.0, 134.0, 132.1, 131.5, 123.3, 117.7, 40.0. Data are in agreement with literature.¹³

(2Z)-But-2-ene-1,4-diyl dimethyl biscarbonate

To a solution of *cis*-2-butene-1,4-diol (4.1 mL, 0.05 mol) and pyridine (24.3 mL, 0.3 mol) in DCM (220 mL) at 0 °C was added methyl chloroformate (15.4 mL, 0.2 mol). The reaction mixture was allowed to warm to room temperature and stirred for 16 h at room temperature. The reaction was quenched by addition of $HCl_{(aq)}$. The aqueous phase was extracted 3 times with Et₂O, the combined organic phases were dried (MgSO₄), filtered and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (petroleum ether 30-40% : Et₂O/ 8:2) to yield the title compound (9.82 g, 96%). ¹H NMR (400MHz, CDCl₃): δ 5.81 (t, *J* = 4Hz, 2H), 4.76 (d, *J* = 4Hz, 4H), 3.79 (s, 6H); ¹³C NMR (100MHz, CDCl₃): δ 155.5, 128.0, 63.2, 54.9. Data are in agreement with literature.¹⁴

(2Z)-4-(Benzyloxy)but-2-en-1-yl methyl carbonate, (E)-1b



To a solution of allyl benzyl ether (1.48 g, 10 mmol) and (2*Z*)-but-2-ene-1,4-diyl dimethyl biscarbonate (4.08 g, 20 mol) in DCM (35 mL) at 50 °C was added Grubbs-Hoveyda 2nd generation catalyst (0.3 g, 0.5 mmol) in 3 portions over 24 h. The reaction mixture was stirred for further 48 h at 50 °C. The mixture was cooled to room temperature and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (petroleum ether 30-40%) to yield the title compound (1.02 g, 43%). ¹H NMR (400MHz, CDCl₃): δ 7.36-7.29 (m, 5H), 5.85-5.78 (m, 1H), 5.63-5.56 (m, 1H), 4.57 (d, *J* = 7Hz, 2H), 4.51 (s, 2H), 3.79 (s, 3H), 3.48 (t, *J* = 6 Hz, 2H), 2.12-2.06 (m, 2H), 1.67-1.60 (m, 2H), 1.53-1.44 (m, 2H); ¹³C NMR (100MHz, CDCl₃): δ 155.6, 138.0, 131.7, 128.4, 127.7, 127.6, 125.8, 72.4, 69.6, 67.7, 54.8. Data are in agreement with literature.¹⁵

(2E)-7-(Benzyloxy)hept-2-en-1-yl methyl carbonate, (E)-1f



To a solution of benzyl hex-5-en-1-yl ether (0.95 g, 5 mmol) and (2*Z*)-but-2-ene-1,4-diyl dimethyl biscarbonate (2.04 g, 10 mol) in DCM (18 mL) at 50 °C was added Grubbs-Hoveyda 2^{nd} generation catalyst (0.16 g, 0.3 mmol) in 3 portions over 24 h. The reaction mixture was stirred for further 48 h at 50 °C. The mixture was cooled to room temperature and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (petroleum ether 30-40%) to yield the title compound (1.06 g, 76%). ¹H NMR (400MHz, CDCl₃): δ 7.35-7.25 (m, 5H), 5.98-5.85 (m, 2H), 4.66 (d, *J* = 5Hz, 2H), 4.53 (s, 2H), 4.06 (dd,

J = 5Hz, 1Hz, 2H), 3.80 (s, 3H); ¹³C NMR (100MHz, CDCl₃): δ 155.7, 138.6, 137.0, 128.3, 127.6, 127.5, 123.5, 72.9, 70.1, 68.6, 54.7, 32.0, 29.2, 25.4; IR (CH₂Cl₂) v 1750, 1264; HRMS calc for C₁₆H₂₂NaO₄ [M+Na]⁺ 301.1410, found 301.1407.

(2E)-4-[(tert-Butoxycarbonyl)(methyl)amino]but-2-en-1-yl methyl carbonate, (E)-1g



To a solution of *tert*-butyl allyl(methyl)carbamate (0.43 g, 2.5 mmol) and (2*Z*)-but-2-ene-1,4diyl dimethyl biscarbonate (1.02 g, 5.0 mol) in DCM (9 mL) at 50 °C was added Grubbs-Hoveyda 2nd generation catalyst (78 mg, 0.13 mmol) in 3 portions over 24 h. The reaction mixture was stirred for further 48 h at 50 °C. The mixture was cooled to room temperature and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (petroleum ether 30-40%) to yield the title compound (190 mg, 30%). ¹H NMR (400MHz, CDCl₃): δ 5.73 (dt, *J* = 16Hz, 5Hz, 1H), 5.65 (dt, *J* = 16Hz, 6Hz, 1H), 4.60 (dd, *J* = 6Hz, 1Hz, 2H), 3.80 (brs, 2H), 3.76 (s, 3H), 2.78 (brs, 3H), 1.42 (s, 9H); ¹³C NMR (100MHz, CDCl₃): δ 155.5, 131,1, 127.9, 125.3, 79.6, 67.6, 67.0, 54.8, 33.8, 28.4; IR (CH₂Cl₂) v 1749, 1687, 1264, 1152, 907; HRMS calc for Cl₂H₂₁NNaO₅ [M+Na]⁺ 282.1312, found 282.1316.

(2E)-4-(1,3-Dioxo-1,3-dihydro-2H-isoindol-2-yl)but-2-en-1-yl methyl carbonate, (E)-1h



To a solution of 2-allyl-1*H*-isoindole-1,3(2*H*)-dione (0.94 g, 5.0 mmol) and (2*Z*)-but-2-ene-1,4-diyl dimethyl biscarbonate (2.04 g, 10 mol) in DCM (18 mL) at 50 °C was added Grubbs-Hoveyda 2nd generation catalyst (0.16 g, 0.3 mmol) in 3 portions over 24 h. The reaction mixture was stirred for further 48 h at 50 °C. The mixture was cooled to room temperature and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (petroleum ether 30-40%) to yield the title compound (0.51 g, 37%) as a grey solid. ¹H NMR (400MHz, CDCl₃): δ 7.79-7.78 (m, 2H), 7.72-7.67 (m, 2H), 5.84 (dt, *J* = 16Hz, 6Hz, 1H), 5.77 (dt, *J* = 16Hz, 5Hz, 1H), 4.57 (d, *J* = 5Hz, 2H), 4.27 (d, *J* = 6Hz, 2H), 3.74 (s, 3H); ¹³C NMR (100MHz, CDCl₃): δ 170.0, 155.6, 134.2, 132.2, 128.5, 127.2, 123.6, 67.3, 55.0, 38.9; IR (CH₂Cl₂) v 1749, 1715, 1395, 1264, 907; HRMS calc for C₁₄H₁₃NO₅ [M]⁺ 275.0794, found 275.0797. Mp 91-93 °C.

2.3 Synthesis of Z linear allylic carbonates:

(2Z)-4-(Benzyloxy)but-2-en-1-ol, (Z)-4b



To a solution of (*Z*)-but-2-ene-1,4-diol (2.46 mL, 30 mmol) in THF (35 mL) at 0 °C was carefully added sodium hydride (421 mg, 10.5 mmol). After being stirred for 1 h at room temperature, benzyl bromide (1.18 mL, 10 mmol) was added, and the resulting mixture was stirred at 75 °C for 1 h. The reaction was then quenched at room temperature by addition of sat. aqueous NH₄Cl solution. The aqueous phase was extracted 3 times with DCM, the combined organic phases were dried (MgSO₄), filtered and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (hexane : EtOAc, 9:1) to yield the title compound (1.25 g, 70%). ¹H NMR (400MHz, CDCl₃): δ 7.39-7.28 (m, 5H), 5.87-5.80 (m, 1H), 5.79-5.72 (m, 1H), 4.54 (s, 2H), 4.18 (t, J = 6Hz, 2H), 4.11 (d, J = 6Hz, 2H), 1.95 (t, J = 6Hz, 1H); ¹³C NMR (100MHz, CDCl₃): δ 137.9, 132.4, 128.5, 128.3, 127.9, 127.8, 72.5, 65.7, 58.8. Data are in agreement with literature.¹⁶

(2Z)-4-(Benzyloxy)but-2-en-1-yl methyl carbonate, (Z)-1b



To a solution of (*Z*)-4b (1.25 g, 7.0 mmol) and pyridine (1.70 mL, 21 mmol) in DCM (20 ml) at 0 °C was added dropwise methyl chloroformate (1.08 mL, 14 mmol). The reaction mixture was allowed to warm to room temperature and stirred for 2 h at room temperature. The reaction was quenched by addition of 1M HCl aqueous solution. The aqueous phase was extracted 3 times with Et₂O, the combined organic phases were dried (MgSO₄), filtered and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (petroleum ether 30-40% : Et₂O/ 9:1) to yield the title compound (1.5 g, 91%). ¹H NMR (400MHz, CDCl₃): δ 7.39-7.28 (m, 5H), 5.89-5.83 (m, 1H), 5.78-5.71 (m, 1H), 4.71 (d, *J* = 7Hz, 2H), 4.53 (s, 2H), 4.15 (dt, *J* = 6Hz, 1Hz , 2H), 3.79 (s, 3H); ¹³C NMR (100MHz, CDCl₃): δ 155.6, 137.9, 131.4, 128.4, 127.8, 127.7, 126.0, 72.5, 65.6, 63.6, 54.8. Data are in agreement with literature.¹⁷

(2Z)-4-[(4-Bromobenzyl)oxy]but-2-en-1-ol



To a solution of (*Z*)-but-2-ene-1,4-diol (1.25 mL, 15 mmol) in THF (15 mL) at 0 °C was carefully added sodium hydride (0.21 g, 5.3 mmol). After being stirred for 1.5 h at room temperature, 4-bromobenzyl bromide (1.25 mL, 5 mmol) was added, and the resulting mixture was stirred at 90 °C for 1 h. The reaction was then cooled to room temperature and quenched by addition of sat. aqueous NH₄Cl solution and extracted 3 times with DCM. The combined organic phases were dried (MgSO₄), filtered and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (petroleum ether 30-40%) to yield the title compound (0.88 g, 68%). ¹H NMR (400MHz, CDCl₃): δ 7.47 (d, *J* = 8Hz, 2H), 7.21 (d, *J* = 8Hz, 2H), 5.81 (ddd, *J* = 6Hz, 6Hz, 11Hz, 1H), 5.71 (ddd, *J* = 6Hz, 6Hz, 11Hz, 1H), 4.46 (s, 2H), 4.16 (d, *J* = 6Hz, 2H), 4.08 (d, *J* = 6Hz, 2H); ¹³C NMR (100MHz, CDCl₃): δ 136.9, 132.5, 131.6, 129.4, 127.9, 121.6, 71.6, 65.8, 58.6. Data are in agreement with literature.¹⁸

(2Z)-4-[(4-Bromobenzyl)oxy]but-2-en-1-yl methyl carbonate, (Z)-1i



To a solution of (2*Z*)-4-[(4-bromobenzyl)oxy]but-2-en-1-ol (0.74 g, 3.0 mmol) and pyridine (0.73 mL, 9.0 mmol) in DCM (10 mL) at 0 °C was added dropwise methyl chloroformate (0.46 mL, 6.0 mmol). The reaction mixture was allowed to warm to room temperature and stirred for 2 h at room temperature. The reaction was quenched by addition of 1M HCl aqueous solution. The aqueous phase was extracted 3 times with Et₂O, the combined organic phases were dried (MgSO4), filtered and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (petroleum ether 30-40% : Et₂O/ 9:1) to yield the title compound (0.81 g, 86%). ¹H NMR (400MHz, CDCl₃): δ 7.45 (d, *J* = 8Hz, 2H), 7.22 (d, *J* = 8Hz, 2H), 5.79 (ddd, *J* = 6Hz, 6Hz, 11Hz, 1H), 5.71 (ddd, *J* = 6Hz, 7Hz, 11Hz, 1H), 4.67 (d, *J* = 7Hz, 2H), 4.44 (s, 2H), 4.11 (d, *J* = 6Hz, 2H), 3.76 (s, 3H); ¹³C NMR (100MHz, CDCl₃): δ 155.6, 137.0, 131.5, 131.1, 129.4, 126.2, 121.6, 71.6, 65.8, 63.5, 54.8; IR (CDCl₃) v 1749, 1265; HRMS calc for C₁₃H₁₅⁷⁹BrNaO₄ [M+Na]⁺ 337.0046, found 337.0051.

(2Z)-4-(Dodecyloxy)but-2-en-1-ol

To a solution of (*Z*)-butene-1,4-diol (2.18 mL, 26.5 mmol) in THF (40 mL) and DMF (10 mL) at 0 °C was carefully added sodium hydride (792 mg, 19.8 mmol). After being stirred for 20 min at 0 °C, 1-bromododecane (2.25 mL, 13.2 mmol) was added at 0 °C, and the resulting mixture was allowed to warm to room temperature and stirred for 24 h at room temperature. The reaction was quenched by addition of sat. aqueous NH₄Cl solution. The aqueous phase was extracted 3 times with EtOAc, the combined organic phases were washed with water and dried (MgSO₄), filtered and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (hexane : Et₂O/ 9:1) to yield the title compound (1.67 g, 50%). ¹H NMR (400MHz, CDCl₃): δ 5.85-5.79 (m, 1H), 5.74-5.68 (m, 1H), 4.20 (d, J = 6Hz, 2H), 4.04 (d, J = 6Hz, 2H), 3.44 (t, J = 7Hz, 2H), 2.10 (s, 1H), 1.62-1.55 (m, 2H), 1.35-1.25 (m, 18H), 0.88 (t, J = 7Hz, 3H); ¹³C NMR (100MHz, CDCl₃): δ 132.1, 128.6, 70.9, 66.5, 58.8, 31.9, 29.7, 29.7, 29.6, 29.6, 29.5, 29.3, 26.2, 22.7, 14.1; IR (CDCl₃) v 3379, 1108, 1030; HRMS calc for C₁₆H₃₂NaO₂ [M+Na]⁺ 279.2295, found 279.2294.

(2Z)-4-(Dodecyloxy)but-2-en-1-yl methyl carbonate, (Z)-1j

To a solution of (*Z*)-4-(dodecyloxy)but-2-en-1-ol (1.63 g, 6.36 mmol) and pyridine (1.6 mL, 20 mmol) in DCM (20 ml) at 0 °C was added dropwise methyl chloroformate (1.0 mL, 13 mmol). The reaction mixture was allowed to warm to room temperature and stirred for 2 h at room temperature. The reaction was quenched by addition of 1M HCl aqueous solution. The aqueous phase was extracted 3 times with Et_2O , the combined organic phases were dried (MgSO₄), filtered and the solvent removed *in vacuo*. The crude product was purified by silica

gel column chromatography (hexane : Et₂O/ 9:1) to yield the title compound (1.88 g, 94%). ¹H NMR (400MHz, CDCl₃): δ 5.84-5.78 (m, 1H), 5.74-5.68 (m, 1H), 4.73 (d, J = 7Hz, 2H), 4.08 (dt, J = 6Hz, 1Hz, 2H), 3.79 (s, 3H), 3.42 (t, J = 7Hz, 2H), 1.61-1.54 (m, 2H), 1.35-1.25 (m, 18H), 0.89 (t, J = 7Hz, 3H); ¹³C NMR (100MHz, CDCl₃): δ 155.7, 131.8, 125.6, 70.8, 66.4, 63.7, 54.8, 31.9, 29.7, 29.6, 29.6, 29.6, 29.5, 29.4, 26.2, 22.7, 14.1; IR (CDCl₃) v 1751, 1262; HRMS calc for C₁₈H₃₄NaO₄ [M+Na]⁺ 337.2349, found 337.2353.

(Z)-4-Hydroxybut-2-en-1-yl benzoate



To a solution of (*Z*)-but-2-ene-1,4-diol (0.82 mL, 10.0 mmol) and pyridine (0.49 mL, 6.0 mmol) in DCM (20 ml) at 0 °C was added dropwise benzoyl chloride (0.58 mL, 5.0 mmol). The reaction mixture was allowed to warm to room temperature and stirred for 3 h at room temperature. The reaction was quenched by addition of 1M HCl aqueous solution. The aqueous phase was extracted 2 times with DCM, the combined organic phases were dried (MgSO₄), filtered and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (hexane : Et₂O/ 9:1) to yield the title compound (0.78 g, 81%). ¹H NMR (400MHz, CDCl₃): δ 8.07-8.04 (m, 2H), 7.60-7.55 (m, 1H), 7.47-7.43 (m, 2H), 5.93 (dtt, J = 11Hz, 7Hz, 1Hz, 1H), 5.78 (dtt, J = 11Hz, 7Hz, 1Hz, 1H), 4.95 (d, J = 7Hz, 2H), 4.36 (d, J = 7Hz, 2H), 1.60 (s, 1H); ¹³C NMR (100MHz, CDCl₃): δ 166.7, 133.6, 133.1, 130.0, 129.6, 128.4, 125.6, 60.6, 58.5. Data are in agreement with literature.¹⁹

(Z)-4-((Methoxycarbonyl)oxy)but-2-en-1-yl benzoate, (Z)-1k



To a solution of (*Z*)-4-hydroxybut-2-en-1-yl benzoate (0.16 g, 0.83 mmol) and pyridine (0.20 mL, 2.5 mmol) in DCM (3 ml) at 0 °C was added dropwise methyl chloroformate (0.13 mL, 1.7 mmol). The reaction mixture was allowed to warm to room temperature and stirred for 2 h at room temperature. The reaction was quenched by addition of 1M HCl aqueous solution. The aqueous phase was extracted 3 times with Et₂O, the combined organic phases were dried (MgSO₄), filtered and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (hexane : Et₂O/ 9:1) to yield the title compound (0.20 g, 96%). ¹H NMR (400MHz, CDCl₃): δ 8.05-8.03 (m, 2H), 7.58-7.54 (m, 1H), 7.46-7.42 (m, 2H), 5.95-5.89 (m, 1H), 5.86-5.80 (m, 1H), 4.94 (d, J = 6Hz, 2H), 4.82 (d, J = 6Hz, 2H), 3.79 (s, 3H); ¹³C NMR (100MHz, CDCl₃): δ 166.2, 155.6, 133.1, 129.9, 129.6, 128.7, 128.4, 127.6, 63.3, 60.4, 54.9. IR (CDCl₃) v 1748, 1718, 1445, 1258; HRMS calc for C₁₃H₁₄NaO₅ [M+Na]⁺ 273.0733, found 273.0732.

(2Z)-4-(Trityloxy)but-2-en-1-ol

To a solution of (*Z*)-2-butene-1,4-diol (0.16 mL, 2 mmol) in pyridine (4 mL) was added dropwise trityl chloride (0.56 g, 2 mmol). The reaction mixture was stirred overnight at room temperature. The reaction was quenched by addition of water. The aqueous phase was extracted 3 times with DCM, the combined organic phases were washed with 2M HCl aqueous solution and NaHCO₃ solution, dried (Na₂SO₄), filtered and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (petroleum ether 30-40% : Et₂O/ 9:1) to yield the title compound (0.40 g, 60%). ¹H NMR (400MHz, CDCl₃): δ 7.52-7.49 (m, 6H), 7.37-7.32 (m, 6H), 7.29-7.25 (m, 3H), 5.85-5.79 (m, 1H), 5.77-5.71 (m, 1H), 4.03 (d, *J* = 6Hz, 2H), 3.74 (d *J* = 6Hz, 2H), 1.86 (br s, 1H); ¹³C NMR (100MHz, CDCl₃): δ 144.0, 131.2, 128.8, 128.6, 127.9, 127.1, 87.2, 60.2, 58.7. Data are in agreement with literature.²⁰

Methyl (2Z)-4-(trityloxy)but-2-en-1-yl carbonate, (Z)-11



To a solution of (*Z*)-4-trityloxy-but-2-en-1-ol (0.32 g, 0.97 mmol) and pyridine (0.24 mL, 2.91 mmol) in DCM (5 mL) at 0 °C was added dropwise methyl chloroformate (0.15 mL, 1.94 mmol). The reaction mixture was allowed to warm to room temperature and stirred for 8 h at room temperature. The reaction was quenched by addition of 1M HCl aqueous solution. The aqueous phase was extracted 3 times with Et₂O, the combined organic phases were dried (MgSO₄), filtered and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (petroleum ether 30-40% : Et₂O/ 9:1) to yield the title compound (0.31 g, 81%). ¹H NMR (400MHz, CDCl₃): δ 7.51-7.46 (m, 6H), 7.36-7.32 (m, 6H), 7.29-7.25 (m, 3H), 5.91 (dddt, *J* = 12 Hz, 11Hz, 5Hz, 1Hz, 1H), 5.68 (dddt, *J* = 13 Hz, 11Hz, 7Hz, 2Hz, 1H), 4.59 (dt, *J* = 7Hz, 1Hz, 2H), 3.78 (s, 3H), 3.79-3.76 (m, 2H); ¹³C NMR (100MHz, CDCl₃): δ 155.6, 143.9, 131.6, 128.6, 127.9, 127.1, 124.9, 87.1, 63.9, 60.3, 54.8; IR (CH₂Cl₂) v 1749, 1448, 1264; HRMS calc for C₂₅H₂₄NaO₄ [M+Na]⁺ 411.1567, found 441.1565.

2.4 Synthesis of [¹⁸O]-1b:²¹



Benzyl (2Z)-4-chlorobut-2-en-1-yl ether

BnO_____CI

To a solution of oxalyl chloride (0.19 mL, 2.2 mmol) in DCM (8 mL) at 0 °C was added DMF (0.17 mL, 2.2 mmol) dropwise. The resulting white suspension was allowed to warm to room temperature, and after 10 min cooled again to 0 °C. Alcohol (*Z*)-4b (0.3 g, 2 mmol) was added and the reaction mixture stirred for 3 h at reflux. The reaction was cooled to room temperature and poured into a saturated solution of NaCl. The aqueous phase was extracted 3 times with Et₂O, the combined organic phases were dried (MgSO4), filtered and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (petroleum ether 30-40% : Et₂O/ 8:2) to yield the title compound (0.34 g, 86%, *Z/E* 99/1). ¹H NMR (400MHz, CDCl₃): δ 7.37-7.24 (m, 5H), 5.84-5.75 (m, 2H), 4.52 (s, 2H), 4.16-4.14 (m, 2H), 4.12-4.10 (m, 2H); ¹³C NMR (100MHz, CDCl₃): δ 137.9, 130.8, 128.5, 128.5, 127.8, 127.8, 72.4, 65.1, 39.2. Data are in agreement with literature.²²

(2*E*)-4-(Benzyloxy)but-2-en-1-yl [¹⁸O₂]-acetate, [¹⁸O₂]-7

To a solution of benzyl (2*Z*)-4-chlorobut-2-en-1-yl ether (0.29 g, 1.5 mmol) in THF (4 mL) at room temperature was added Pd₂(dba)₃ (69 mg, 5 mol%), PPh₃ (81 mg, 20 mol%), *n*Bu₄NCl (0.48 g, 1.5 mmol) and [¹⁸O₂]-NaOAc . The reaction mixture was stirred for 80 h at room temperature. The solvent was removed *in vacuo*. The crude product was purified by silica gel column chromatography (petroleum ether 30-40%) to yield [¹⁸O₂]-7 (0.31 g, 98% yield, *E/Z* 66/34, 98% ¹⁸O incorporation calculated from ¹³C NMR). ¹H NMR (400MHz, CDCl₃): δ 7.38-7.29 (m, 5H), 5.90-5.87 (m, 2H), 4.59 (d, *J* = 4Hz, 2H), 4.54 (s, 2H), 4.05 (d, *J* = 4Hz, 2H), 2.08 (s, 3H); ¹³C NMR (100MHz, CDCl₃): δ 170.7, 138.1, 130.9, 128.4, 127.7, 127.6, 126.6, 72.4, 69.8, 64.2, 20.9. HRMS calc for C₁₃H₁₆NaO¹⁸O₂ [M+Na]⁺ 247.1077, found 247.1082.

(2*E*)-4-(Benzyloxy)-[¹⁸O]-but-2-en-1-ol, [¹⁸O]-4b

BnO 18OH

To a solution of allylic acetate [¹⁸O₂]-7 (0.25 mg, 1.2 mmol) in MeOH (4 mL) at room temperature was added K₂CO₃ (55 mg, 0.4 mmol). The reaction mixture was stirred for 3 days at room temperature. The reaction was filtered and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (petroleum ether 30-40% : Et₂O)/ 5:5) to yield [¹⁸O]-4b (0.12 g, 57% yield, *E/Z* 66/34, 98% ¹⁸O incorporation calculated from ¹³C NMR). ¹H NMR (400MHz, CDCl₃): δ 7.33-7.25 (m, 5H), 5.91 (dt, *J* = 16Hz, 5Hz, 1H), 5.83 (dt, *J* = 16Hz, 5Hz, 1H), 4.51 (s, 2H), 4.15 (dd, *J* = 5Hz, 1Hz, 2H), 4.03 (dd, *J* = 5Hz, 1Hz, 2H); ¹³C NMR (100MHz, CDCl₃): δ 138.2, 132.1, 128.4, 127.9, 127.7, 127.6, 72.3, 70.1, 63.0. HRMS calc for C₁₁H₁₄NaO¹⁸O [M+Na]⁺ 203.0928, found 203.0921. Data are in agreement with literature.²³

(2E)-4-(Benzyloxy)but-2-en-1-yl) [¹⁸O]-methyl carbonate, [¹⁸O]-1b

To a solution of [¹⁸O]-4b (90 mg, 0.5 mmol) and pyridine (0.12 mL, 1.5 mmol) in DCM (2 mL) at 0 °C was added methyl chloroformate (77 μ L, 1 mmol). The reaction mixture was allowed to warm to room temperature and stirred for 8 h at room temperature. The reaction was quenched by addition of 1M HCl aqueous solution. The aqueous phase was extracted 3 times with Et₂O, the combined organic phases were dried (MgSO₄), filtered and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (petroleum ether 30-40%: Et₂O/ 9:1) to yield [¹⁸O]-1b (77 mg, 64% yield, *E/Z* 81/19, 98% ¹⁸O incorporation calculated from ¹³C NMR). The NMR data are in agreement with substrate (*E*)-1b. HRMS calc for C₁₃H₁₆NaO₃¹⁸O [M+Na]⁺ 261.0983, found 261.1011.

2.5 Synthesis of enantiopure allyl carbonate (S)-1a:

(S)-3-Butene-1,2-diol

(*R*, *R*)-Jacobsen's catalyst (86 mg, 0.14 mmol) was added to a mixture of butadiene monoxide (2.3 mL, 28.52 mmol) and acetic acid (32 μ L, 0.57 mmol) and cooled to 0 °C. H₂O (0.23 mL, 12.83 mmol) was added dropwise and the reaction mixture was stirred at 4 °C for 16 h. The crude reaction was purified directly by flash column chromatography (30-50 % EtOAc : pet ether) and the product afforded as a clear oil (1.0 g, 40 %). ¹H NMR (CDCl₃, 400 MHz) δ 5.87-5.76 (ddd, *J* = 17Hz, 11Hz, 6Hz, 1H), 5.32 (d, *J* = 17Hz, 1H), 5.18 (d, *J* = 11Hz, 1H), 4.28-4.20 (m, 1H), 3.95 (br s, 2H), 3.75 (br s, 1H), 3.50 (dd, *J* = 11Hz, 8Hz, 1H); ¹³C NMR (100MHz, CDCl₃) δ 137.0, 116.6, 73.2, 66.1. Data are in agreement with literature.²⁴

(2S)-1-(Benzyloxy)but-3-en-2-ol, (S)-4a



To a solution of (*S*)-3-butene-1,2-diol (0.89 g, 10.1 mmol) in THF (30 mL) at 0 °C was added sodium hydride (0.25 g, 10.6 mmol) portionwise. The reaction mixture was allowed to warm to room temperature and stirred for 1.5 h at room temperature. Benzyl bromide (1.24 mL, 10.6 mmol, 1.05 equiv.) was subsequently added and the reaction mixture was stirred under reflux conditions for 1 h before being cooled to 0 °C. The mixture was carefully quenched by addition of 1M HCl aqueous solution. The aqueous phases were extracted 3 times with DCM, the combined organic phases were dried (MgSO₄), filtered and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (hexane : Et₂O/ 9:1) to yield the title compound (0.79 g, 44%, *ee* 97%). Chiral HPLC: (OD, Hexane/ *i*-PrOH= 95/5, 1.0 mL/ min, 259 nm) t_R (major-isomer)= 12.6 min, t_R (minor-isomer)= 14.4 min. Data are in agreement with literature.⁴

(2S)-1-(Benzyloxy)but-3-en-2-yl methyl carbonate, (S)-1a



To a solution of (*S*)-4a (0.40 g, 2.21 mmol) and pyridine (0.53 mL, 6.57 mmol) in DCM (10 mL) at 0 °C was added dropwise methyl chloroformate (0.36 mL, 3.69 mmol). The reaction mixture was allowed to warm to room temperature and stirred for 1 h at room temperature. The reaction was quenched by addition of 1M HCl aqueous solution. The aqueous phase was extracted 3 times with Et₂O, the combined organic phases were dried (MgSO₄), filtered and the solvent removed *in vacuo*. The crude product was purified by silica gel column chromatography (hexane : Et₂O/ 9:1) to yield the title compound (0.33 g, 62%, *ee* 95%). Chiral HPLC: (OD, Hexane/*i*-PrOH= 95/5, 1.0 mL/min, 259 nm) t_R (minor-isomer)= 6.9 min, t_R (major- isomer)= 9.4 min. Data are in agreement with literature.⁴

General procedure for the initial studies (Table 1)

To a solution of [Ir]/Ligand (4 mol%, Ir/Ligand: 1/2) in dry solvent (THF, DMF, Toluene or DCM, 1 mL) **1a** (0.1 mmol) was added, followed by addition of the fluorinating source (2 eq, 0.2 mmol). The reaction was allowed to stir at the indicated temperature until TLC indicated complete conversion of the starting material and no longer then 24 h. The solvent was removed *in vacuo* and ¹H NMR and ¹⁹F NMR of the crude mixture were recorded to determine the conversion of the starting material and the product distribution.

Procedure for the screening of leaving groups

To a solution of allylic derivative (0.1 mmol) in dry DCM (1 mL) was added $[Ir(COD)Cl]_2$ (2 mol%), followed by addition of TBAF(*t*BuOH)₄ (2 eq, 0.2 mmol). The reaction was allowed to stir at 40 °C until TLC indicated complete conversion of the starting material and no longer than 24 h. The solvent was removed *in vacuo* and ¹H NMR and ¹⁹F NMR of the crude mixture recorded to determine the conversion of the starting material and the product distribution.



Entry	Leaving group	Time (h)	Product ratio ^[a] 1 : 2a : 4a : 5a
1	OCO ₂ Me	2	0:80:13:7
2	OBz	24	90:10:0:0
3	OPNB	24	56:31:10:3
4	OAc	24	94 : 6 : 0 : 0

[a] Determined by 1H NMR of the crude mixture.

General Procedure (A) for the synthesis of allylic fluorides (Scheme 1, Scheme 2 and Table 2)

To a solution of allylic carbonate (0.2 mmol) and $TBAF(tBuOH)_4$ (2 eq, 0.4 mmol) in dry DCM (8 mL) was added a solution of $[Ir(COD)Cl]_2$ (2 mol%) in dry DCM (2 mL) in 4

portions over 45 min. The reaction was allowed to stir at 40 °C until TLC indicated complete conversion of the starting material and no longer than 24 h. Additional portions of catalyst (up to 4 mol%) were added to reactions which did not show completion after few hours. The solvent was removed *in vacuo* and ¹H NMR and ¹⁹F NMR of the crude mixture recorded. Crude products were purified by silica gel column chromatography.

2.6 Synthesis of branched allylic fluorides:

Benzyl 2-fluorobut-3-en-1-yl ether, 2a



Following the general procedure A, the reaction was carried out on 47 mg of **1a** and 2 mol% of [Ir(COD)Cl]₂ for 3 h. ¹H NMR and ¹⁹F NMR of the crude mixture showed 83% of conversion into **2a** (b/l: >20/1). Silica gel column chromatography (hexane) yielded **2a** (21 mg, 57%, b/l: >20/1) as a colourless oil. ¹H NMR (400MHz, CD₂Cl₂): δ 7.42-7.36 (m, 4H), 7.35-7.31 (m, 1H), 5.95 (dddd, *J* = 18Hz, 15Hz, 11Hz, 6Hz, 1H), 5.45 (dq, *J* = 17Hz, 1Hz, 1H) 5.34 (dt, *J* = 11Hz, 1Hz, 1H) 5.85 (dm, *J* = 49Hz, 1H), 4.64 (s, 2H), 3.68 (dd, *J* = 2Hz, 5Hz, 1H), 3.62 (dd, *J* = 5Hz, 1Hz, 1H); ¹³C NMR (100MHz, CD₂Cl₂): δ 138.5, 133.5 (d, *J* = 20Hz), 128.7, 128.1, 128.0, 118.5 (d, *J* = 11Hz), 92.3 (d, *J* = 171Hz), 73.7, 72.5 (d, *J* = 23Hz); ¹⁹F {¹H}NMR (376.5MHz, CD₂Cl₂): δ -184.76. Data are in agreement with literature.¹⁰

Dodecyl 2-fluorobut-3-en-1-yl ether, 2c



Following the general procedure A, the reaction was carried out on 63 mg of 1c and 2 mol% of [Ir(COD)Cl]₂ for 3 h. ¹H NMR and ¹⁹F NMR of the crude mixture showed 95% of conversion into 2c (b/l: >20/1). Silica gel column chromatography (hexane) yielded 2c (33 mg, 64%, b/l: >20/1) as a colourless oil. %). ¹H NMR (500MHz, CD₂Cl₂): δ 5.90 (dddd, *J* = 14Hz, 12Hz, 9Hz, 5Hz, 1H), 5.40 (dq, *J* = 14Hz, 1Hz, 1H), 5.29 (dt, J = 9Hz, 1Hz, 1H), 5.02 (dm, *J* = 40Hz 1H), 3.57 (d, *J* = 4Hz, 1H), 3.52-3.51 (m, 1H), 3,47 (t, *J* = 5Hz, 2H), 1.60-1.54 (m, 2H), 1.31-1.22 (m, 18H), 0.89 (t, J = 6Hz, 3H); ¹³C NMR (125MHz, CD₂Cl₂): δ 133.7 (d, *J* = 15Hz), 118.3 (d, *J* = 9Hz), 92.8 (d, *J* = 136Hz), 73.0 (d, *J* = 18Hz), 72.1, 32.3, 30.1, 30.0, 30.0, 29.9, 29.8, 26.5, 23.1, 14.3; ¹⁹F {¹H}NMR (376.5MHz, CD₂Cl₂): δ -184.72; IR (CH₂Cl₂) v 1265, 1125; HRMS calc for C₁₆H₃₅FNO⁺ [M+NH₄]⁺ 276.2697, found 276.2700.

2-Fluorobut-3-en-1-yl benzoate, 2d



Following the general procedure A, the reaction was carried out on 50 mg of 1d and 4 mol% of $[Ir(COD)Cl]_2$ for 24 h. ¹H NMR and ¹⁹F NMR of the crude mixture showed 58% of

conversion into **2d** (b/l: >20/1). Silica gel column chromatography (hexane) yielded **2d** (13 mg, 32%, b/l: >20/1) as a colourless oil. ¹H NMR (400MHz, CD₂Cl₂): δ 8.06-8.04 (m, 2H), 7.60 (t, *J* = 8Hz, 1H), 7.49-7.45 (m, 2H), 6.05-5.93 (m, 1H), 5.52 (dt, *J* = 17Hz, 2Hz, 1H), 5.40 (dd, *J* = 11Hz, 2Hz, 1H), 5.25 (dm, *J* = 49Hz, 1H), 4.55-4.36 (m, 2H); ¹³C NMR (125MHz, CD₂Cl₂): δ 166.4, 133.6, 132.7 (d, *J* = 19Hz), 130.4, 130.1, 129.0, 119.8 (d, *J* = 11Hz), 91.4 (d, *J* = 171Hz), 66.3 (d, *J* = 23Hz); ¹⁹F {¹H}NMR (376.5MHz, CD₂Cl₂): δ - 186.01. Data are in agreement with literature.¹⁰

[(2E)-4-Fluoropent-2-en-1-yl]benzene, 2e

Following the general procedure A, the reaction was carried out on 41 mg of **1e** and 4 mol% of $[Ir(COD)Cl]_2$ for 24 h. A NMR yield of the crude mixture showed the formation of 66% of **2e** as single regioisomer (*E/Z*: >20/1), employing 1-fluoro-3-nitrobenzene as internal standard (21 µL, 0.2 mmol). ¹H NMR (400MHz, CD₂Cl₂): δ 7.43-7.17 (m, 5H), 6.53 (dd, *J* = 16Hz, 6Hz, 1H), 6.26 (ddd, *J* = 16Hz, 12Hz, 7Hz, 1H), 5.21 (dm, *J* = 48Hz, 1H), 1.48 (dd, *J* = 24Hz, 7Hz, 3H); ¹⁹F {¹H}NMR (376.5MHz, CDCl₃): δ -163.47; HRMS calc for C₁₀H₁₁F [M]⁺ 150.0845, found 150.0844. Data are in agreement with literature.¹⁰

2.7 Synthesis of *E* linear allylic fluoride:

Benzyl (2E)-4-fluorobut-2-en-1-yl ether, (E)-2b



Following the general procedure A, the reaction was carried out on 47 mg of (*E*)-**1b** and 2 mol% of [Ir(COD)Cl]₂ for 5 h. ¹H NMR and ¹⁹F NMR of the crude mixture showed 86% of conversion into (*E*)-**2b** (1/b: >20/1, *E/Z*: >20/1). Silica gel column chromatography (hexane) yielded (*E*)-**2b** (20 mg, 55%, 1/b: >20/1, *E/Z*: >20/1) as a colourless oil. ¹H NMR (400MHz, CD₂Cl₂): δ 7.35-7.33 (m, 4H), 7.31-7.27 (m, 1H), 5.95-5.93 (m, 2H), 4.87 (dd, *J* = 47Hz, 4Hz, 2H), 4.52 (s, 2H), 4.07-4.05 (m, 2H); ¹³C NMR (100MHz, CD₂Cl₂): δ 138.8, 132.0 (d, *J* = 9Hz), 128.7, 128.0, 127.9, 127.0 (d, *J* = 13Hz), 83.3 (d, *J* = 129Hz, Ca[•]), 72.7, 70.0 (d, *J* = 1Hz, Ca); ¹⁹F {¹H}NMR (376.5MHz, CDCl₃): δ -212.73. IR (CD₂Cl₂) v 1216, 952. HRMS calc for C₁₁H₁₃FNaO [M+Na]⁺ 203.0843, found 203.0841. The geometry of the alkene was assigned by examining the chemical shift of the carbons in α and α [•] position of (*E*)-**2b** and (*Z*)-**2b**. For the (*E*)-allyl fluorides the chemical shifts of α and α [•] are consistently higher.

Benzyl (5*E*)-7-fluorohept-5-en-1-yl ether, (*E*)-2f



Following the general procedure A, the reaction was carried out on 56 mg of (*E*)-**1f** and 2 mol% of $[Ir(COD)Cl]_2$ for 16 h. ¹H NMR and ¹⁹F NMR of the crude mixture showed 70% of

conversion into (*E*)-**2f** (l/b: >20/1, *E*/*Z*: >20/1). Silica gel column chromatography (hexane) yielded (*E*)-**2f** (30 mg, 68%, l/b: >20/1, *E*/*Z*: >20/1) as a colourless oil. ¹H NMR (400MHz, CD₂Cl₂): δ 7.35-7.33 (m, 4H), 7.30-7.25 (m, 1H), 5.89-5.81 (m, 1H), 5.74-5.65 (m, 1H), 4.78 (dd, *J* = 47Hz, 6Hz, 2H), 4.48 (s, 2H), 3.48 (t, *J* = 6Hz, 2H), 2.11 (dt, *J* = 14Hz, 6Hz, 2H), 1.66-1.59 (m, 2H), 1.53-1.46 (m, 2H); ¹³C NMR (125MHz, CD₂Cl₂): δ 139.4, 137.7 (d, *J* = 12Hz), 128.6, 127.9, 127.7, 125.2 (d, *J* = 16Hz), 84.1 (d, *J* = 158Hz), 73.1, 70.6, 32.3, 29.6, 25.9; ¹⁹F {¹H}NMR (376.5MHz, CD₂Cl₂): δ -207.74; IR (CH₂Cl₂) v 1265, 1108; HRMS calc for C₁₄H₁₉OF [M]⁺ 222.1420, found 222.1420.

tert-Butyl [(2E)-4-fluorobut-2-en-1-yl]methylcarbamate, (E)-2g



Following the general procedure A, the reaction was carried out on 63 mg of (*E*)-1g and 2 mol% of [Ir(COD)Cl]₂ for 16 h. ¹H NMR and ¹⁹F NMR of the crude mixture showed 85% of conversion into (*E*)-2g (l/b: >20/1, *E/Z*: >20/1). Silica gel column chromatography (hexane) yielded (*E*)-2g (26 mg, 64%, 1/b: >20/1, *E/Z*: >20/1) as a yellow oil. ¹H NMR (500MHz, CD₂Cl₂): δ 5.76-5.74 (m, 2H), 4.84 (dm, *J* = 47Hz, 2H), 3.83 (br s, 2H), 2.80 (s, 3H), 1.43 (s, 9H); ¹³C NMR (125MHz, CD₂Cl₂): δ 156.0, 131.7, 126.9 (d, *J* = 17Hz), 83.2 (d, *J* = 161Hz), 79.8, 50.7, 50.0 (rotamer), 34.3, 28.7; ¹⁹F {¹H}NMR (376.5MHz, CD₂Cl₂): δ -211.68, -211.81 (rotamer). IR (CH₂Cl₂) v 1696, 1454, 1248, 1151; HRMS calc for C₁₀H₂₂FN₂O₂⁺ [M+NH₄]⁺ 221.1660, found 221.1664.

2-[(2E)-4-Fluorobut-2-en-1-yl]-1H-isoindole-1,3(2H)-dione, (E)-2h



Following the general procedure A, the reaction was carried out on 58 mg of (*E*)-**1h** and 2 mol% of [Ir(COD)Cl]₂ for 16 h. ¹H NMR and ¹⁹F NMR of the crude mixture showed 66% of conversion into **2c** (l/b: 15/1, *E/Z*: >20/1). Silica gel column chromatography (hexane) yielded (*E*)-**2h** (21 mg, 48%, l/b: >20/1, *E/Z*: >20/1) as a yellow oil. ¹H NMR (400MHz, CD₂Cl₂): δ 7.86-7.83 (m, 2H), 7.75-7.73 (m, 2H), 5.91-5.81 (m, 2H), 4.82 (dd, *J* = 46Hz, 4Hz, 2H), 4.30 (d, *J* = 5Hz, 2H); ¹³C NMR (125MHz, CD₂Cl₂): δ 168.1, 134.5, 132.5, 128.7 (d, *J* = 12Hz), 128.1 (d, *J* = 17Hz), 123.6, 83.9 (d, *J* = 162Hz), 39.0; ¹⁹F {¹H}NMR (376.5MHz, CD₂Cl₂): δ - 214.14; IR (CH₂Cl₂) v 1709, 1427, 1393, 1061; HRMS calc for C₁₂H₁₀NO₂F [M]⁺ 219.0696, found 219.0702.

2.8 Synthesis of Z linear allylic fluoride:

Benzyl (2Z)-4-fluorobut-2-en-1-yl ether, (Z)-2b



Following the general procedure A, the reaction was carried out on 47 mg of (*Z*)-1b and 2 mol% of [Ir(COD)Cl]₂ for 4 h. ¹H NMR and ¹⁹F NMR of the crude mixture showed 87% of conversion into (*Z*)-2b (1/b: >20/1, *Z/E*: >20/1). Silica gel column chromatography (hexane) yielded (*Z*)-2b (23 mg, 64%, 1/b: >20/1, *Z/E*: >20/1) as a colourless oil. ¹H NMR (400MHz, CD₂Cl₂): δ 7.41-7.32 (m, 5H), 5.92-5.79 (m, 2H), 5.00 (dd, *J* = 5Hz, 46Hz, 2H), 4.53 (s, 2H), 4.15-4.13 (m, 2H); ¹³C NMR (100MHz, CD₂Cl₂): δ 138.7, 131.5 (d, *J* = 10Hz), 128.7, 128.1, 128.0, 127.3 (d, *J* = 20Hz), 79.3 (d, *J* = 158Hz, C α '), 72.7, 66.2 (C α); ¹⁹F {¹H}NMR (376.5MHz, CDCl₃): δ -213.10. IR (CD₂Cl₂) v 1092, 1008; HRMS calc for C₁₁H₁₃FO [M]⁺ 180.0950, found 180.0947. The geometry of the alkene was assigned by examining the chemical shift of the carbons in α and α ' position of (*E*)-2b and (*Z*)-2b. For the (*Z*)-allyl fluorides the chemical shifts of α and α ' are consistently lower.

4-Bromobenzyl (2Z)-4-fluorobut-2-en-1-yl ether, (Z)-2i



Following the general procedure A, the reaction was carried out on 63 mg of (*Z*)-1i and 2 mol% of [Ir(COD)Cl]₂ for 16 h. ¹H NMR and ¹⁹F NMR of the crude mixture showed 87% of conversion into (*Z*)-2i (l/b: >20/1, *Z/E*: >20/1). Silica gel column chromatography (hexane) yielded (*Z*)-2i (27 mg, 52%, l/b: >20/1, *Z/E*: >20/1) as a colourless oil. ¹H NMR (400MHz, CD₂Cl₂): δ 7.52 (d, *J* = 9Hz, 2H), 7.26 (d, *J* = 9Hz, 2H), 5.89-5.79 (m, 2H), 4.99 (dd, *J* = 5Hz, 47Hz, 2H), 4.48 (s, 2H), 4.14-4.12 (m, 2H); ¹³C NMR (125MHz, CD₂Cl₂): δ 137.8, 131.8, 131.3 (d, *J* = 10Hz), 129.7, 127.4 (d, *J* = 19Hz), 121.7, 79.3 (d, *J* = 157Hz), 71.9, 66.3; ¹⁹F {¹H}NMR (376.5MHz, CDCl₃): δ -213.14. IR (CD₂Cl₂) v 1217, 1011; HRMS calc for C₁₁H₁₂⁷⁹BrFO [M]⁺ 258.0056, found 258.0051.

Dodecyl (2Z)-4-fluorobut-2-en-1-yl ether, (Z)-2j

Following the general procedure A, the reaction was carried out on 63 mg of (*Z*)-1j and 2 mol% of [Ir(COD)Cl]₂ for 3 h. ¹H NMR and ¹⁹F NMR of the crude mixture showed 81% of conversion into (*Z*)-2j (l/b: >20/1, *Z/E*: >20/1). Silica gel column chromatography (hexane) yielded (*Z*)-2j (34 mg, 65%, l/b: >20/1, *Z/E*: >20/1) as a colourless oil. ¹H NMR (400MHz, CD₂Cl₂): δ 5.83-5.76 (m, 2H), 5.01 (dd, *J* = 5Hz, 47Hz, 2H), 4.05 (t, *J* = 5Hz, 2H), 3.42 (t, *J* = 7Hz, 2H), 1.58 (m, 2H), 1.30 (s, 18H), 0.92 (t, *J* = 7Hz, 3H); ¹³C NMR (100MHz, CD₂Cl₂): δ 132.0 (d, *J* = 10Hz), 126.8 (d, *J* = 19Hz), 79.4 (d, *J* = 158Hz), 71.1, 66.8, 32.3, 30.1, 30.0, 30.0, 29.9, 29.9, 29.8, 29.7, 26.6, 23.1, 14.2; ¹⁹F {¹H}NMR (376.5MHz, CDCl₃): δ -212.98. IR (CD₂Cl₂) v 1109, 1011; HRMS calc for C₁₆H₃₁FNaO [M+Na]⁺ 281.2251, found 281.2249.

(2Z)-4-Fluorobut-2-en-1-yl benzoate, (Z)-2k



Following the general procedure A, the reaction was carried out on 66 mg of (*Z*)-**1k** and 2 mol% of [Ir(COD)Cl]₂ for 24 h. ¹H NMR and ¹⁹F NMR of the crude mixture showed 71% of conversion into (*Z*)-**2k** (1/b: >20/1, *Z/E*: >20/1). Silica gel column chromatography (hexane) yielded (*Z*)-**2k** (25 mg, 65%, 1/b: >20/1, *Z/E*: >20/1) as a colourless oil. ¹H NMR (400MHz, CD₂Cl₂): δ 8.04-8.02 (m, 2H), 7.59 (t, *J* = 8Hz, 1H), 7.48-7.44 (m, 2H), 5.94-5.89 (m, 2H), 5.09 (dd, *J* = 47Hz, 5Hz, 2H), 4.90 (dd, *J* = 5Hz, 3Hz, 2H); ¹³C NMR (125MHz, CD₂Cl₂): δ 166.6, 133.6, 130.6, 130.0, 129.1, 129.0, 128.9 (d, *J* = 10Hz), 79.4 (d, *J* = 159Hz), 61.0; ¹⁹F {¹H}NMR (376.5MHz, CD₂Cl₂): δ -214.52. IR (CD₂Cl₂) v 1735, 1471, 1268, 1105; HRMS calc for C₁₁H₁₅FNO₂⁺ [M+NH₄]⁺ 212.1081, found 212.1086.

(2Z)-4-Fluorobut-2-en-1-yl trityl ether, (Z)-2l

Following the general procedure A, the reaction was carried out on 78 mg of (*Z*)-11 and 4 mol% of [Ir(COD)Cl]₂ for 5 h. ¹H NMR and ¹⁹F NMR of the crude mixture showed 99% of conversion into (*Z*)-21 (1/b: >20/1, *Z/E*: >20/1). Silica gel column chromatography (hexane) yielded (*Z*)-21 (33 mg, 50%, 1/b: >20/1, *Z/E*: 18/1) as a colourless oil. ¹H NMR (400MHz, CD₂Cl₂): δ 7.46-7.44 (m, 6H), 7.35-7.31 (m, 6H), 7.28-7.24 (m, 3H), 5.92-5.85 (m, 1H), 5.80-5.70 (m, 1H), 4.80 (dd, *J* = 47Hz, 6Hz, 2H), 3.70 (br s, 2H); ¹³C NMR (100MHz, CD₂Cl₂): δ 144.4, 131.8 (d, *J* = 11Hz), 128.9, 128.3, 127.5, 126.5 (d, *J* = 19Hz), 87.5, 79.3 (d, *J* = 157Hz), 60.6; ¹⁹F {¹H}NMR (376.5MHz, CD₂Cl₂): δ -212.80; IR (CD₂Cl₂) v 1490, 1448, 1264, 1059, 1010; HRMS calc for C_{23H25}FNO⁺ [M+NH₄]⁺ 350.1920, found 350.1926.

General Procedure (B) for the dimethyl malonate substitution (Scheme 1 and Scheme 2)

To a solution of allylic carbonate (0.2 mmol) in THF (1 mL) was added $[Ir(COD)CI]_2$ (2 mol%). A solution of sodium dimethyl malonate (0.4 mmol) in THF (1 mL), prepared from dimethyl malonate (0.4 mmol) and NaH (0.4 mmol) was then added in one portion. The reaction was allowed to stir at 40 °C for 24 h. The reaction was quenched by the addition of distilled water. The aqueous layer was extracted 2 times with Et₂O (2 x 5 mL), the combined organic extracts were dried (Na₂SO₄) and the solvent removed *in vacuo*. ¹H NMR of the crude mixtures were recorded to determine the conversion of the starting material and the product distribution. Crude products were purified by silica gel column chromatography.

Starting from **1a** (47 mg) and following the general procedure B, ¹H NMR of the crude mixture showed 100% of conversion into **3a**/(*E*)-**3b** mixture (b/l: 67/33, *E*/*Z*: >20/1). Silica gel column chromatography (hexane: diethyl ether, 9:1) yielded **3a** (25 mg, 42%) and (*E*)-**3b** (15 mg, 25%, *E*/*Z*: >20/1).

Starting from (*E*)-1b (47 mg) and following the general procedure B, ¹H NMR of the crude mixture showed 94% of conversion into 3a/(E)-3b mixture (b/l: 55/45, *E/Z*: >20/1). Silica gel column chromatography (hexane: diethyl ether, 9:1) yielded 3a (25 mg, 42%) and (*E*)-3b (6 mg, 11 %, *E/Z*: >20/1).

Starting from (*Z*)-**1b** (47 mg) and following the general procedure B, ¹H NMR of the crude mixture showed 65% of conversion into (*Z*)-**3b** (1/b: $\geq 20/1$, *Z*/*E*: $\geq 20/1$). Silica gel column chromatography (hexane: diethyl ether, 9:1) yielded (*Z*)-**3b** (29 mg, 50%, *Z*/*E*, $\geq 20/1$).

Dimethyl [1-(benzyloxy)but-3-en-2-yl]malonate, 3a

Silica gel column chromatography (hexane: diethyl ether, 9:1) yielded the title compound as a colourless oil. ¹H NMR (400MHz, CD₃Cl): δ 7.37-7.28 (m, 5H), 5.86 (ddd, *J* = 18Hz, 9Hz, 6Hz, 1H), 5.18 (d, *J* = 18Hz, 1H), 5.13 (d, *J* = 9Hz, 1H), 4.48 (s, 2H), 3.71 (d, *J* = 4Hz, 1H), 3.68 (s, 3H), 3.67 (s, 3H), 3.60-3.51 (m, 2H), 3.19-3.12 (m, 1H); ¹³C NMR (100MHz, CD₂Cl₂): δ 168.8, 168.6, 138.0, 135.4, 128.3, 127.7, 127.6, 118.2, 73.1, 71.0, 53.2, 52.4, 52.3, 44.0. IR (CD₂Cl₂) v 1750, 1326, 1175; HRMS calc for C₁₆H₂₀NaO₅ [M+Na]⁺ 315.1203, found 315.1202.

Dimethyl [(2E)-4-(benzyloxy)but-2-en-1-yl]malonate, (E)-3b

Silica gel column chromatography (hexane: diethyl ether, 9:1) yielded the title compound as a colourless oil. ¹H NMR (400MHz, CD₃Cl): δ 7.37-7.29 (m, 5H), 5.76-5.64 (m, 2H), 4.48 (s, 2H), 3.97 (d, *J* = 4Hz, 2H), 3.74 (s, 6H), 3.47 (t, *J* = 7Hz, 1H), 2.67 (dd, *J* = 7Hz, 6Hz, 2H); ¹³C NMR (100MHz, CD₃Cl): δ 169.2, 138.2, 129.8, 129.1, 128.4, 127.7, 127.6, 71.9, 70.3, 52.5, 51.5, 31.5. IR (CD₂Cl₂) v 1735, 1437, 1273; HRMS calc for C₁₆H₂₀NaO₅ [M+Na]⁺ 315.1203, found 315.1197.

Dimethyl [(2Z)-4-(benzyloxy)but-2-en-1-yl]malonate, (Z)-3b



Silica gel column chromatography (hexane: diethyl ether, 9:1) yielded the title compound as a colourless oil. ¹H NMR (400MHz, CD₃Cl): δ 7.36-7.28 (m, 5H), 5.73 (dddt, *J* = 11Hz, 6Hz, 4Hz, 2Hz, 1H), 5.53 (dddt, *J* = 11Hz, 8Hz, 5Hz, 1Hz, 1H), 4.52 (s, 2H), 4.12 (d, *J* = 6Hz, 2H), 3.74 (s, 6H), 3.43 (t, *J* = 8Hz, 1H), 2.67 (dd, *J* = 8Hz, 8Hz, 2H); ¹³C NMR (100MHz, CD₃Cl): δ 169.2, 138.2, 129.6, 128.4, 128.0, 127.8, 127.6, 72.4, 65.7, 52.6, 51.4, 27.1. IR (CH₂Cl₂) v 1735, 1437, 1276. HRMS calc for C₁₆H₂₀NaO₅ [M+Na]⁺ 315.1203, found 315.1208.

General procedure (C) for the dimethyl malonate substitution with TBAF(*t*BuOH)₄ as additive (Scheme 3)

To a solution of allylic carbonate (0.1 mmol) in THF (0.5 mL) was added a solution of sodium dimethyl malonate (0.2 mmol) in THF (0.5 mL), prepared from dimethyl malonate (0.2 mmol)

and NaH (0.2 mmol). TBAF(*t*BuOH)₄ (0.2 mmol) was then added, followed by the addition of $[Ir(COD)Cl]_2$ (2 mol%) in one portion. The reaction was allowed to stir at 40 °C for 24 h. The solvent was removed *in vacuo*. ¹H NMR and ¹⁹F NMR of the crude mixtures were recorded to determine the conversion of the starting material and the product distribution.

Starting from **1a** (24 mg) and following the general procedure C, ¹H NMR of the crude mixture showed 74% of conversion into **3a** (b/l: 91/9, E/Z: >20/1).

Starting from (*E*)-1b (24 mg) and following the general procedure C, ¹H NMR of the crude mixture showed 53% of conversion into (*E*)-3b (1/b: >20/1, E/Z: >20/1).

Starting from (*Z*)-1b (24 mg) and following the general procedure C, ¹H NMR of the crude mixture showed 37% of conversion into (*Z*)-3b (1/b: >20/1, *Z*/*E*: >20/1).

Procedure for the dimethyl malonate substitution with Bu₄NCl as additive

To a solution of allylic carbonate (*E*)-**1b** (0.1 mmol) in THF (0.5 mL) was added a solution of sodium dimethyl malonate (0.2 mmol) in THF (0.5 mL), prepared from dimethyl malonate (0.2 mmol) and NaH (0.2 mmol). Bu₄NCl (0.2 mmol) was then added, followed by the addition of [Ir(COD)Cl]₂ (2 mol%) in one portion. The reaction was allowed to stir at 40 °C for 24 h. The solvent was removed *in vacuo*. ¹H NMR of the crude mixture was recorded and showed 25 % of conversion into (*E*)-**3b** (l/b: 16/, *E/Z*: >20/1).

General procedure (D) for the dimethyl malonate substitution of allyl fluoride (Scheme 1 and 3)

To a solution of allylic fluoride (0.1 mmol) in THF (0.5 mL) was added $[Ir(COD)CI]_2$ (2 mol%). A solution of sodium dimethyl malonate (0.2 mmol) in THF (0.5 mL), prepared from dimethyl malonate (0.2 mmol) and NaH (0.2 mmol) was then added in one portion. The reaction was allowed to stir at 40 °C for 24 h. The solvent was removed *in vacuo*. ¹H NMR and ¹⁹F NMR of the crude mixtures were recorded to determine the conversion of the starting material and the product distribution.

Starting from **2a** (18 mg) and following the general procedure D, ¹H NMR of the crude mixture showed 56% of conversion into **3a** (b/l: 79/21, E/Z: >20/1).

Starting from (*E*)-**2b** (18 mg) and following the general procedure D, ¹H NMR of the crude mixture showed 46% of conversion into (*E*)-**3b** (l/b: 87/13, E/Z: >20/1).

Starting from (*Z*)-**2b** (18 mg) and following the general procedure D, ¹H NMR of the crude mixture showed 69% of conversion into (*Z*)-**3b** (1/b: >20/1, Z/E: >20/1).

Benzyl (2S)-2-fluorobut-3-en-2-yl ether, (S)-2a



Following the general procedure A, the reaction was carried out on 48 mg of (S)-1a and 2 mol% of $[Ir(COD)Cl]_2$ for 2 h. Silica gel column chromatography (hexane) yielded (S)-2a (17

mg, 46%, *ee* 37%) and (*S*)-4a (15 mg, 43%, *ee* 20%). When the reaction was carried out at room temperature for 24 h, silica gel column chromatography (hexane) yielded (*S*)-1a (16 mg, 33%, *ee* 93%), (*S*)-2a (12 mg, 34%, *ee* 48%) and (*S*)-4a (7 mg, 20%, *ee* 65%). Chiral HPLC for (*S*)-2a: (IA, Hexane/*i*-PrOH= 99.5/0.5, 1.3 mL/ min, 210 nm) t_R (major-isomer)= 6.9 min, t_R (minor- isomer)= 8.1 min. The absolute configuration of (*S*)-2a was determined by synthesizing the title compound following a literature procedure. Chiral HPLC traces were identical to those obtained from our iridium protocol. Data are in agreement with literature.²⁵

Procedure for testing racemization of (S)-1b

To a solution of (S)-1a (0.1 mmol, *ee* 95%) in DCM (5 mL) was added $[Ir(COD)Cl]_2$ (2 mol%). The reaction was allowed to stir at 40 °C for 2 h. The solvent was removed *in vacuo*. ¹H NMR of the crude mixture was recorded and showed 77% of (S)-1a (*ee* 87%) and 22% of diene 5a.

Procedure for testing racemization of (S)-2b

To a solution of (*S*)-**2a** (0.1 mmol, *ee* 37%) in DCM (5 mL) was added $[Ir(COD)Cl]_2$ (2 mol%) and TBAF(*t*BuOH)₄ (0.2 mmol). The reaction was allowed to stir at 40 °C for 2 h. The solvent was removed *in vacuo*. ¹H NMR of the crude mixture was recorded and showed 100% of (*S*)-**1a** (*ee* 35%).

3. [18F]-Labeling Experiments:

3.1 Radiochemistry

 $[{}^{18}$ F]Fluoride was produced by PETNET Solutions at Mount Vernon Hospital (UK) via the 18 O(p,n)18F reaction and delivered as $[{}^{18}$ F]fluoride in $[{}^{18}$ O]water. Radiosynthesis and azeotropic drying was performed on a NanoTek® automated microfluidic device (Advion). $[{}^{18}$ F]Fluoride was separated from 18 O-enriched water using an anion exchange cartridges (MP1, ORTG, Tennessee) and eluted with either a solution of tetraethylammonium bicarbonate (7 mg) in acetonitrile/water (9:1, 0.5 mL) or a solution of K₂CO₃ (3 mg)/K₂₂₂ (15 mg) in acetonitrile/water (4:1, 0.5mL). The complex was dried with six cycles of azeotropic evaporation. The resultant $[{}^{18}$ F]tetraethylammonium fluoride or $[{}^{18}$ F]KF/K₂₂₂ was dissolved in anhydrous acetonitrile for use in radiofluorination reactions. HPLC analysis was performed with a Dionex Ultimate 3000 system equipped with a LabLogic Flow-RAM NaI/PMT detector. Radio-TLC was performed on Merck Kiesegel 60 F254 plates. Analysis was performed using a plastic scintillator/PMT detector. TLC yields are calculated based on conversion of $[{}^{18}$ F]fluoride to product.

3.2 General Radiochemical Procedure

To a glass V-vial containing a magnetic stirrer bar was added [¹⁸F]Et₄NF (~ 30 MBq in 30 μ L MeCN). To this vial was added a mixture of substrate (5 mg in 440 μ L of DCM) with [Ir(COD)Cl]₂ (60 μ L of a 1 mg/mL solution in DCM). The reaction mixture was then heated at 40 °C for 30 minutes. Upon cooling an aliquot was of the crude reaction mixture was taken and analysed by radio-TLC and radio-HPLC (equipped with Nova-Pak C18 column). HPLC gradient (1 ml/min): 0-2 min 5 % MeCN 95 % H₂O isocratic

2-2.5 min 5 % MeCN to 40 % MeCN linear gradient

2.5-14 min 40 % MeCN to 95 % MeCN linear gradient

14-15 min 95 % MeCN to 5 % MeCN linear gradient 15-16 min 5 % MeCN 95 % H₂O isocratic.

The radiofluorination of (*Z*)-1b was found to be rather capricious, giving variable yields. The specific activity was not measured for any of the products due to co-elution of the starting carbonate with the desired [18 F]products.

3.3 Radiochemical optimisation

All optimisation reactions were performed following the general procedure. For each reaction the total volume was made up to be 500 μ L.

BnO OCO ₂ Me (5 mg) [¹⁸ F]KF/H [Ir(COD)(DCM, 40 30 minut	$\begin{array}{c} \mathbf{C}_{222} \\ \begin{array}{c} \text{CI}_{12} \\ \stackrel{\circ}{\mathbf{C}}, \\ \text{res} \end{array} \end{array} \text{BnO} \underbrace{\begin{array}{c} \\ 18} \\ 18 \\ 18 \\ 18 \\ 18 \\ 18 \\ 18 \\ $	[¹⁸ F]tetraethyla fluorid BnO OCO ₂ Me (5 mg) [¹⁸ F]tetraethyla fluorid [Ir(COD)(DCM, 40 30 minut	mmonium e Cll ₂ °C, BnO 18F
Ir loading (1mg/ml in DCM)	RCY (TLC)	Ir loading (1mg/ml in DCM)	RCY (TLC)
500 μL	7 %	500 μL	4 %
250 μL	8 %	250 μL	21 %
125 μL	23 %	125 μL	61 %
60 μL	44 %	60 μL	68 %
10 μL	14 %	0	0 %
0	0 %	60 µL	44 % ^a
		a) reaction time of 15 minutes	

[¹⁸ F]tetraethylammonium fluoride BnO OCO₂Me [Ir(COD)Cl]₂ DCM, 40 °C, (5 mg) 30 minutes		[¹⁸ F]tetraethylammonium fluoride BnO	
Ir loading (1mg/ml in DCM)	RCY (TLC)	Ir loading (1mg/ml in DCM)	RCY (TLC)
60 μL	30 %	60 μL	0 %
60 μL	74 %	60 μL	14 %
60 μL	65 %	60 μL	7 %
125 μL	40 %	125 μL	11 %
125 μL	62 %	125 μL	37 %
125 μL	62 %	125 μL	8 %

3.4 Radio-HPLC Traces











4. [180]-Labeling Experiments:

4.1 Procedure for fluorination of [180]-1b:



To a solution of [18O]-**1b** (48 mg, 0.2 mmol, E/Z: 81/19, 98% ¹⁸O incorporation) and TBAF(*t*-BuOH)₄ (2 eq, 0.4 mmol) in dry DCM (2 mL) was added [Ir(COD)Cl]₂ (2.7 mg, 0.004 mmol). The reaction was allowed to stir at 40 °C for 2 h and the solvent was removed *in vacuo*. The crude reaction mixture was purified by silica gel column chromatography (hexane) to yield **2b** (8 mg, 22%), [18O]-**4b** (10 mg, 28%, E/Z: 79/21, 33% ¹⁸O incorporation calculated from ¹³C NMR) and recovered [18O]-**1b** (9 mg, 18%, E/Z: 74/26, 34% ¹⁸O incorporation calculated from ¹³C NMR).









4.2 Procedure for fluorination of (Z)-1b in the presence of [180]-H₂O:



To a solution of (*Z*)-**1b** (47 mg, 0.2 mmol, *Z/E*: >20/1, 0% ¹⁸O incorporation) and TBAF(*t*BuOH)₄ (2 eq, 0.4 mmol) in dry DCM (2 mL) was added [18O]-H₂O (8 μ L, 0.4 mmol) and [Ir(COD)Cl]₂ (2.7 mg, 0.004 mmol). The reaction was allowed to stir at 40 °C overnight and the solvent was removed *in vacuo*. The crude reaction mixture was purified by silica gel column chromatography (hexane) to yield (*Z*)-**2b** (7 mg, 21%), (*Z*)-**4b** (15 mg, 41%, *Z/E*: >20/1, 53% ¹⁸O incorporation calculated from ¹³C NMR) and recovered (*Z*)-**1b** (7 mg, 15%, *Z/E*: 95/5, 35% ¹⁸O incorporation calculated from ¹³C NMR).







4.3 Procedure for scrambling test:

BnO
$$18OCO_2Me$$
 [Ir(COD)CI]₂ (2 mol%)
[18O]-1b DCM, 40°C, 2h [18O]-1b [18O]-1b

To a solution of [180]-1b (12 mg, 0.05 mmol, E/Z: 81/19, ¹⁸O/¹⁶O: 98/2) in dry DCM (0.5 mL) was added [Ir(COD)Cl]₂ (0.7 mg, 0.001 mmol). The reaction was allowed to stir at 40 °C for 2 h. The crude reaction mixture was filtered and solvent was removed *in vacuo*. A ¹H NMR and a quantitative ¹³C NMR of the crude mixture was recorded. 100% of recovered [180]-1b (E/Z: 79/21, 98% ¹⁸O incorporation calculated from ¹³C NMR) was detected.








4.4 Procedure for test reaction in the presence of [180]-H₂O:



To a solution of (*Z*)-**1b** (47 mg, 0.2 mmol, *Z/E*: >20/1, 0% ¹⁸O incorporation) and TBAF(*t*BuOH)₄ (2 eq, 0.4 mmol) in dry DCM (2 mL) was added [18O]-H₂O (8 μ L, 0.4 mmol) and [Ir(COD)Cl]₂ (2.7 mg, 0.004 mmol). The reaction was allowed to stir at 40 °C overnight and the solvent was removed *in vacuo*. The crude reaction mixture was purified by silica gel column chromatography (hexane) to yield (*Z*)-**4b** (4 mg, 11%, *Z/E*: >20/1, 2% ¹⁸O incorporation calculated from ¹³C NMR) and recovered (*Z*)-**1b** (31 mg, 66%, *Z/E*: >20/1, 0% ¹⁸O incorporation calculated from ¹³C NMR).







4.5 ES-MS of recovered (*Z*)-1b following experiment 3.2:



(*Z*)-1b: HRMS calc for $C_{13}H_{16}NaO_4$ [M+Na]⁺ 259.0941, found 259.0932. Relative abundance determined by the intensity of the peak: 46%.

[18O](*Z*)-1b: HRMS calc for $C_{13}H_{16}NaO_3^{-18}O$ [M+Na]⁺ 261.0983, found 261.0994. Relative abundance determined by the intensity of the peak: 41%.

 $[18O]_2(Z)$ -1b: HRMS calc for $C_{13}H_{16}NaO_2^{-18}O_2$ $[M+Na]^+$ 263.1026, found 263.1018. Relative abundance determined by the intensity of the peak: 13%.

5. NMR Experiments

5.1 Synthesis of [(Allyl)Ir(COD)(P,C-L)(L)], D



To a solution of $[Ir(COD)Cl]_2$ (0.17 g, 0.25 mmol) in THF (13 mL) was added (S,S,S)-(+)-(3,5-Dioxa-4-phospha-cyclohepta[2,1-a;3,4-a']dinaphthalen-4-yl)bis(1-phenylethyl)amine (S,S,S)-L (0.27 g, 0.5 mmol) at room temperature. After being stirred for 30 min at room temperature, carbonate 1a (0.24 g, 1 mmol) and AgOTf (0.13 g, 0.5 mmol) were added, and the resulting mixture stirred for 20 h. The reaction was filtered trough celite and the solvent removed in vacuo. The crude product was purified by silica gel column chromatography (DCM: iPrOH/97:3) to yield the title complex **D** as a pale yellow powder (0.39 g, 70%). The product was isolated as a mixture of isomers 94:6 (ratio determined by ³¹P NMR spectroscopy). ¹H NMR (500 MHz, d_8 -THF): $\delta = 8.34$ (d, J = 9 Hz, 1H; BINOL), 8.30 (d, J =9 Hz, 1H; BINOL), 8.09 (d, J = 8 Hz, 2H; 2 BINOL), 8.03 (d, J = 9Hz, 1H; BINOL), 7.99 (d, J = 9Hz, 1H; BINOL), 7.56–7.52 (m, 2H; 2 BINOL), 7.36–7.24 (m, 17H; 13 Ph, 4 BINOL), 7.12-7.10 (m, 2H, 2 Ph), 5.25–5.20 (m, 1H; cod-CH), 4.97–4.92 (m, 1H; 3A-H), 4.83–4.75 (m, 1H; 2A-H), 4.67–4.61 (m, 2H, A5-H), 4.56–4.49 (m, 1H; A4-H'), 4.24–4.16 (m, 2H; A4-H, cod-CH), 3.91–3.82 (m, 2H; 7-H, 8-H), 3.50–3.46 (m, 1H; cod-CH), 3.38–3.35 (m, 1H; cod-CH), 3.27-3.21 (m, 1H; cod-CH2), 2.96-2.93 (m, 2H; 1A-H, cod-CH2), 2.43-2.33 (m, 3H; 1A-H', 2 cod-CH2), 2.32-2.30 (m, 1H, 9-H), 2.09–2.05 (m, 1H; cod-CH2), 1.73–1.71 (m, 1H; cod-CH2), 1.60-1.50 (m, 2H; 2 cod-CH2), 0.95 (t, J = 12 Hz, 1H; 9-H'), 0.57 (d, J = 7 Hz, 3H; 3 6-H); ¹³C NMR (125 MHz, d₈-THF): $\delta = 150.1$ (d, $J_{CP}= 16$ Hz; BINOL), 149.0 (d, $J_{CP}= 8$ Hz; BINOL), 144.0 (d, $J_{CP}= 12$ Hz; BINOL), 141.6 (s; BINOL), 139.5 (s; A-Ph), 134.2 (d, $J_{CP}= 2$ Hz; BINOL), 133.7 (s; BINOL), 133.3, 133.1, 132.6 (s, 3xPh), 129.9, 129.8, 129.7, 129.4, 129.3, 129.2, 129.1, 129.0, 128.5, 128.4, 128.2, 128.1, 128.0, 127.9, 127.6, 127.1 (s; 8xPh, 8xBINOL), 124.0 (s; BINOL), 123.8 (d, $J_{CP}= 3$ Hz; BINOL), 123.3 (d, $J_{CP}= 3$ Hz, BINOL), 122.6 (s; BINOL), 122.5 (d, $J_{CP}= 1$ Hz; BINOL), 121.4 (s; BINOL), 101.5 (d, $J_{CP}= 3$ Hz; CH-cod), 101.4 (d, $J_{CP}= 4$ Hz, C2), 93.4 (d, $J_{CP}= 3$ Hz; CH-cod), 89.0 (d, $J_{CP}= 5$ Hz; CH-cod), 83.1 (d, $J_{CP}= 6$ Hz; CH-cod), 76.0 (d, $J_{CP}= 29$ Hz; C3), 73.9 (s; C5), 69.8 (d, $J_{CP}= 3$ Hz; C4), 66.9 (d, $J_{CP}= 3$ Hz; C8), 61.1 (d, $J_{CP}= 5$ Hz; C7), 45.5 (s; C1), 37.8 (s; CH2-cod), 35.5 (s, CH2-cod), 28.8 (s; CH2-cod), 26.4 (s; CH2-cod), 19.2 (s; C6), 14.5 (d, $J_{CP}= 7$ Hz; C9); ³¹P NMR (97 MHz): 123.07 (minor isomer), 121.00 (major isomer); ¹⁹F {¹H}NMR (376.5MHz, d₈-THF): δ -80.59 (-OTf); m/z [C₅₅H₅₃IrNO₃P]⁺: 999.34.

¹H NMR (500 MHz, CD₂Cl₂): $\delta = 8.29$ (d, J = 9 Hz, 1H; BINOL), 8.20 (d, J = 9 Hz, 1H; BINOL), 8.08 (t, J = 8 Hz, 2H; 2 BINOL), 7.81 (d, J = 9Hz, 1H; BINOL), 7.66 (d, J = 9Hz, 1H; BINOL), 7.61–7.55 (m, 2H; 2 BINOL), 7.40–7.31 (m, 15H; 11 Ph, 4 BINOL), 7.11-7.08 (m, 4H, 4 Ph), 5.13–5.09 (m, 1H; cod-CH), 4.65–4.59 (m, 4H; 3A-H, 2A-H, 2 5A-H), 4.54–4.48 (m, 1H; 4A-H), 4.22–4.16 (m, 1H, cod-CH), 4.11–4.07 (m, 1H; A4-H'), 3.87–3.79 (m, 1H; 7-H), 3.68–3.65 (m, 1H; 8-H), 3.37–3.32 (m, 1H; cod-CH), 3.29–3.26 (m, 1H; cod-CH2), 3.15–3.10 (m, 1H; cod-CH), 2.86–2.77 (m, 2H ; 1A-H, cod-CH2), 2.50–2.43 (m, 1H; cod-CH2), 2.35-2.27 (m, 2H; 9-H, cod-CH2), 2.15–2.11 (m, 1H; cod-CH2), 2.00–1.98 (m, 1H; 1A-H'), 1.68-1.55 (m, 3H; 3 cod-CH2), 0.95 (t, J = 12 Hz, 1H; 9-H'), 0.55 (d, J = 8 Hz, 3H; 3 6-H).





The complex **D** (12 mg, 0.01 mmol) was dissolved in d₈-THF (0.3 mL) in an NMR tube under N₂ atmosphere, and a ¹H NMR recorded. A solution of sodium dimethyl malonate (0.02 mmol) in d₈-THF (0.3 mL), prepared from dimethyl malonate (3 μ L, 0.02 mmol) and NaH (1 mg, 0.02 mmol), was then added to the mixture and the reaction allowed to react at room temperature. After 5 min a second ¹H NMR showed completion, PPh₃ (3mg, 0.01 mmol) was added and a ¹H NMR recorded. From the crude reaction mixture was observed the formation of the **3a** (81%) and (*E*)-**3b** (17%). The conversion was determined using an internal standard, *i*PrOH present in the complex **D**, deriving from the flash chromatography purification. When the reaction was repeated on 0.05 mmol scale of complex **D** (57 mg), the substituted product **3a** was isolated in 79% yield (12 mg).

Complex D with internal standard *i*PrOH in d₈-THF:



5.3 Procedure for the dimethyl malonate substitution of [(Allyl)Ir(COD)(P,C-L)(L)] (D) in DCM:



The complex **D** (12 mg, 0.01 mmol) was dissolved in CD₂Cl₂ (0.3 mL) in an NMR tube under N₂ atmosphere, and a ¹H NMR recorded. A solution of dimethyl malonate (0.02 mmol) in CD₂Cl₂ (0.3 mL), prepared from dimethyl malonate (3 μ L, 0.02 mmol) and BSA (5 μ L, 0.02 mmol), was then added to the mixture and the reaction allowed to react at room temperature, and monitored by ¹H NMR spectroscopy. After 1h at rt still no product was observed in the crude reaction mixture by ¹H NMR. The mixture was subsequently warmed to 40 °C and monitored by ¹H NMR. After 18 h reacting at 40 °C, PPh₃ (3mg, 0.01 mmol) was added and a last ¹H NMR recorded. From the crude reaction mixture was observed the formation of traces of the **3a** and (*E*)-**3b**, in addition to the un-reacted complex **D**.

Complex D with internal standard *i*PrOH in d₂-DCM:





5.4 Procedure for fluorination of [(Allyl)Ir(COD)(P,C-L)(L)] (D) in d₈-THF:



The complex **D** (12 mg, 0.01 mmol) was dissolved in d₈-THF (0.6 mL) in an NMR tube under N₂ atmosphere, and a ¹H NMR recorded. TBAF(*t*BuOH)₄, (6mg, 0.02 mmol) was added to the mixture and the reaction allowed to react at room temperature, and monitored by ¹H NMR and ¹⁹F NMR spectroscopy. After 5 min, the ¹H NMR showed complete consumption of starting material, PPh₃ (3mg, 0.01 mmol) was added and a second ¹H and ¹⁹F NMR recorded. From the crude reaction mixture no formation of the fluorinated products **2a** or (*E*)-**2b** was detected, but formation of 67% of diene **5a**, and decomposition of the initial complex was observed. The conversion was determined using as internal standard Me₆Si₂ (3.9 µL, 0.019 mmol).





5.5 Procedure for fluorination of [(Allyl)Ir(COD)(P,C-L)(L)] (D) in d₂-DCM:



The complex **D** (12 mg, 0.01 mmol) was dissolved in CD_2Cl_2 (0.6 mL) in an NMR tube under N₂ atmosphere, and a ¹H NMR recorded. TBAF(*t*BuOH)₄, (6 mg, 0.02 mmol) was added to the mixture and the reaction allowed to react at room temperature, and monitored by ¹H NMR and ¹⁹F NMR spectroscopy. After 1 h at rt still no consumption of the starting material was observed in the crude reaction mixture by ¹H NMR. The mixture was subsequently warmed to 40 °C and monitored by ¹H NMR. After 30 min PPh₃ (3mg, 0.01 mmol) was added and the last ¹H and ¹⁹F NMR recorded. From the crude mixture no formation of the fluorinated products **2a** or (*E*)-**2b** was detected, but formation of 59% of diene **5a**, and decomposition of the initial complex was observed. The conversion was determined using as internal standard, *i*PrOH present in the complex **D**, deriving from the flash chromatography purification.

Complex D with internal standard *i*PrOH in d₂-DCM:





Reaction mixture in d₂-DCM after addition of PPh₃:

5.6 General Procedure for the dimethyl malonate substitution of [(Allyl)Ir(COD)(P,C-L)(L)] (D) in the presence of TBAF(*t*BuOH)₄:



The complex **D** (12 mg, 0.01 mmol) was dissolved in d₈-THF (0.3 mL) in an NMR tube under N₂ atmosphere, and a ¹H NMR recorded. A solution of sodium dimethyl malonate (0.02 mmol) in d₈-THF (0.3 mL), prepared from dimethyl malonate (3 μ L, 0.02 mmol) and NaH (1 mg, 0.02 mmol) was then added to the mixture, followed by the addition of TBAF(*t*BuOH)₄, (6mg, 0.02 mmol) and the reaction allowed to react at room temperature, and monitored by ¹H and ¹⁹F NMR spectroscopy. After 5 min the ¹H NMR showed consumption of starting material, PPh₃ (3mg, 0.01 mmol) was added and the second ¹H and ¹⁹F NMR recorded. From the crude mixture no formation of the fluorinated products **2a** or (*E*)-**2b** was detected. Only 7% of **3a**, 3% of (*E*)-**3b** and 23% of **5a** were observed, and complete decomposition of initial allyl-Ir complex. The conversion was determined using as internal standard, *i*PrOH present in the complex **D**, deriving from the flash chromatography purification.





6. References

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7. HPLC Traces



No.	Ret.Time	Peak Name	Height	Area	Rel.Area	Amount	Туре
	min		mAU	mAU*min	%	um	
1	12.68	n.a.	73.726	39.411	50.33	n.a.	BMB*
2	14.26	n.a.	73.534	38.892	49.67	n.a.	BMB*
Total:			147.261	78.302	100.00	0.000	



No.	Ret.Time	Peak Name	Height	Area	Rel.Area	Amount	Туре
	min		mAU	mAU*min	%	um	
1	12.56	n.a.	192.278	129.706	98.48	n.a.	BMB
2	14.41	n.a.	4.778	2.004	1.52	n.a.	BMB*
Total:			197.056	131.710	100.00	0.000	



No.	Ret.Time	Peak Name	Height	Area	Rel.Area	Amount	Туре
	min		mAU	mAU*min	%	um	
1	6.75	n.a.	98.242	24.297	50.08	n.a.	BMB*
2	9.50	n.a.	66.150	24.215	49.92	n.a.	BMB*
Total:			164.392	48.512	100.00	0.000	



No.	Ret.Time	Peak Name	Height	Area	Rel.Area	Amount	Туре
	min		mAU	mAU*min	%	um	
1	6.90	n.a.	8.332	1.977	2.35	n.a.	BMB*
2	9.43	n.a.	188.567	82.176	97.65	n.a.	BMB*
Total:			196.899	84.153	100.00	0.000	



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8. NMR Spectra of novel compounds









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-175 -180 -185 -190 -195 -200 -205 -210 -215 -220 -225 -230 -235 -240 -245 f1 (ppm)








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-175 -180 -185 -190 -195 -200 -205 -210 -215 -220 -225 -230 -235 -240 -245 f1 (ppm)



---212.801



















-55 -60 -65 -70 -75 -80 -85 -90 -95 -105 -115 -125 -135 -145 -155 -165 f1 (ppm)