**Electronic Supplementary Information** 

# Hollow polylactic acid microcapsules fabricated by gas/oil/water and bubble template methods

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## 10 S1 Chemical potentials for each component in liquid and gas phases

If we assume that gas and liquid components form a weak solution in the liquid phase and an ideal mixture in the gaseous phase, then the explicit expressions for chemical potentials are as follows:

$$\mu_1'' = v_0 p_{01}'' + RT \ln\left(\frac{p_1''}{p_{01}''}\right),\tag{S1}$$

$$\mu_2'' = \mu_{20}'' + RT \ln\left(\frac{p_2''}{p'}\right),\tag{S2}$$

<sup>5</sup> 
$$\mu'_1 = v_0 p' + RT \ln\left(\frac{c'_2}{c'_1 + c'_2}\right) = v_0 p' - RT \ln\left(1 + \frac{c'_2}{c'_1}\right) \approx v_0 p' - RT\left(\frac{c'_2}{c'_1}\right) \quad \text{at } c'_2 << c'_1,$$
 (S3)

$$\mu_2' = \mu_{20}' + RT \ln\left(\frac{c_2'}{c_{2s}'}\right),\tag{S4}$$

where *R* and *T* are the gas constant and temperature, respectively;  $v_0$ ,  $p''_{01}$ , and  $c'_{2s}$  are the specific volume of pure liquid, the saturation pressure of pure liquid, and the saturation concentration of the gas in the liquid phase, respectively;  $\mu''_{20}$  and  $\mu'_{20}$  are the chemical potentials of the gas in gaseous and liquid phases when the gas is dissolved up to the saturation concentration ( $p''_2 = p'$  and  $c'_2 = c'_{2s}$ ). <sup>20</sup> From the equality of chemical potentials in liquid and gas phases for each component, i.e.,  $\mu''_1 = \mu'_1$  and  $\mu''_2 = \mu'_2$ , eqs 3 and 4 can be

obtained.

### S2 Stability of possible equilibrium states for bubbles in a closed volume of liquid

In our earlier study,<sup>1</sup> we obtained the condition for bubble stability from the differential of the total potential of a closed system of a <sup>25</sup> liquid–gas solution containing *q* bubbles of radius  $r_b$  for the virtual displacement of equilibrium radius at constant p', *T*, and  $N_1$ . The condition for bubble stability was expressed as follows (eq 8 in Ref. 1):

$$q > \frac{3c'_{01}V'RT}{4\pi r_b^3 K_{\rm H}} \left[ \left( \frac{K_{\rm H}}{p_1''} + \frac{p_1''}{K_{\rm H}} - 2 \right) \frac{3p_1''p_2''r_b}{2\gamma K_{\rm H}} - \left( \frac{K_{\rm H}}{p_2''} + \frac{p_1''}{K_{\rm H}} \right) \frac{p_2''}{K_{\rm H}} \right]^{-1}, \tag{S5}$$

where  $K_{\rm H}$  is the Henry's law constant. For a weak solution, the saturation concentration of air in the liquid phase,  $c'_{2s}$ , is given by

$$c_{2s}' = c_{01}' \frac{p'}{K_{\rm H}}.$$
(S6)

 $_{30}$  If the total molar amount of CH<sub>2</sub>Cl<sub>2</sub>,  $N_1$ , is explicitly shown using eq 1, the stability condition S5 is transformed as follows:

$$q > \frac{3N_{1}RT}{4\pi r_{b}^{3}K_{H}} \left[ \left( \frac{K_{H}}{p_{1}''} + \frac{p_{1}''}{K_{H}} - 2 \right) \frac{3p_{1}''p_{2}''r_{b}}{2\gamma K_{H}} - \left( \frac{K_{H}}{p_{2}''} + \frac{p_{1}''}{K_{H}} - \frac{p_{1}''}{p_{2}''} \right) \frac{p_{2}''}{K_{H}} \right]^{-1} \cdot$$
(S7)

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By using eqs 3–5, 7, 8, and S6, the stability condition S7 is transformed as follows:

$$-\left(\frac{3N_{1}RT}{q4\pi r_{b}^{3}K_{H}}+1-\frac{p_{1}''}{K_{H}}\right)-\left(\frac{p_{1}''p_{2}''}{K_{H}^{2}}-\frac{3r_{b}p_{2}''}{2\gamma}\left(1-\frac{p_{1}''}{K_{H}}\right)^{2}\right)>0$$

$$\left\{\frac{c_{2s}'}{c_{01}'}\left(N_{1}-q\eta\frac{p_{01}''}{RT}\frac{4}{3}\pi r_{b}^{3}\right)+q\frac{p'}{RT}\frac{4}{3}\pi r_{b}^{3}\right\}\frac{d}{dr_{b}}\left(1-\eta\frac{p_{01}''}{p'}+\frac{2\gamma}{r_{b}p'}\right)$$

$$+\frac{d}{dr_{b}}\left\{\frac{c_{2s}'}{c_{01}'}\left(N_{1}-q\eta\frac{p_{01}''}{RT}\frac{4}{3}\pi r_{b}^{3}\right)+q\frac{p'}{RT}\frac{4}{3}\pi r_{b}^{3}\right\}\left(1-\eta\frac{p_{01}''}{p'}+\frac{2\gamma}{r_{b}p'}\right)>0$$

$$\frac{dN_{2}}{dr_{b}}>0$$
(S8)

This result shows that the bubble is stable at  $dN_2/dr_b > 0$  for each  $N_2-r_b$  curve shown in Figs. 1a and 1b.

#### s S3 Radius distributions of microbubbles in a droplet of CH<sub>2</sub>Cl<sub>2</sub> solution of PLA

Figure S1 shows a bright-field image of microbubbles inside a droplet of  $CH_2Cl_2$  solution of PLA (300 kDa) when the initial concentration of PLA in  $CH_2Cl_2$  was 10 g L<sup>-1</sup>. The central part of a droplet was observed just after sonication [see Fig. 3a (center)]. The bubble size was quite uniform and did not change considerably during the observation.



10 Fig. S1 Bright-field image of microbubbles inside a droplet of CH<sub>2</sub>Cl<sub>2</sub> solution of PLA (300 kDa). The initial concentration of PLA in CH<sub>2</sub>Cl<sub>2</sub> was 10 gL<sup>1</sup>.

Figure S2 shows the radius distributions of microbubbles in a droplet of CH<sub>2</sub>Cl<sub>2</sub> solution of PLA (300 kDa). The initial concentrations of PLA in CH<sub>2</sub>Cl<sub>2</sub> were 5, 10, and 20 g L<sup>-1</sup>. The mean values (*m*), standard deviations ( $\sigma$ ), and polydispersity indices (PI = standard deviation/mean) of the bubble radius for the initial concentrations of 5, 10, and 20 g L<sup>-1</sup> were (*m* = 3.78 µm,  $\sigma$  = 1.23 µm, and PI = 32.5%), (*m* = 4.23 µm,  $\sigma$  = 1.26 µm, and PI = 29.8%), and (*m* = 6.34 µm,  $\sigma$  = 2.63 µm, PI = 41.5%), respectively. As the initial concentration of PLA increased, the size increased and the uniformity deteriorated.



Fig. S2 Radius distributions of microbubbles in a droplet of  $CH_2Cl_2$  solution of PLA (300 kDa). The initial concentrations of PLA in  $CH_2Cl_2$  were 5, 10, and 20 g  $L^{-1}$ .

#### s S4 Radius distribution of microdroplets of CH<sub>2</sub>Cl<sub>2</sub> solution of PLA in an aqueous medium

Figure S3 shows a bright-field image of microdroplets of  $CH_2Cl_2$  solution of PLA (300 kDa) in an aqueous medium after the droplet of  $CH_2Cl_2$  solution of PLA and the surrounding aqueous solution of  $CH_2Cl_2$  were mixed by a homogenizer for 10 s at 3500 rpm. The initial concentration of PLA in  $CH_2Cl_2$  was 10 g L<sup>-1</sup> and the initial concentration of  $CH_2Cl_2$  in water was the saturation concentration at room temperature and atmospheric pressure. Each droplet contained several microbubbles.



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**Fig. S3** Bright-field image of microdroplets of CH<sub>2</sub>Cl<sub>2</sub> solution of PLA (300 kDa) in an aqueous medium after the droplet of CH<sub>2</sub>Cl<sub>2</sub> solution of PLA and the surrounding aqueous solution of CH<sub>2</sub>Cl<sub>2</sub> were mixed by a homogenizer for 10 s at 350 rpm. The initial concentration of PLA in CH<sub>2</sub>Cl<sub>2</sub> was 10 g  $L^{-1}$  and the initial concentration of CH<sub>2</sub>Cl<sub>2</sub> in water was the saturation concentration at 1 atm and room temperature.

Figure S4 shows the radius distributions of microdroplets of CH<sub>2</sub>Cl<sub>2</sub> solution of PLA (300 kDa) in an aqueous medium when the droplet 15 of CH<sub>2</sub>Cl<sub>2</sub> solution of PLA and the surrounding aqueous solution were mixed by a homogenizer for 10 s at 2500, 3500, and 4500 rpm. The mean values (*m*), standard deviations ( $\sigma$ ), and polydispersity indices (PI = standard deviation/mean) of the microdroplet radii for rotation speeds of 2500, 3500, and 4500 rpm were (*m* = 16.9 µm,  $\sigma$  = 7.12 µm, and PI = 41.2%), (*m* = 13.6 µm,  $\sigma$  = 8.73 µm, and PI = 64.4%), and (*m* = 14.3 µm,  $\sigma$  = 8.46 µm, PI = 59.2%), respectively. As the rotation speed increased from 2500 to 3500 rpm, the size increased and the uniformity deteriorated, but the data for 3500 and 4500 rpm were close to each other.



**Fig. S4** Radius distributions of microdroplets of  $CH_2Cl_2$  solution of PLA (300 kDa) in an aqueous medium when a droplet of  $CH_2Cl_2$  solution of PLA and the surrounding aqueous solution were mixed by a homogenizer for 10 s at 2500, 3500 and 4500 rpm. The initial concentration of PLA in  $CH_2Cl_2$  was 10 g  $L^{-1}$ .

# REFERENCES

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(1) H. Daiguji, S. Takada, J. J. Molino Cornejo and F. Takemura, J. Phys. Chem. B 2009, 113, 15002–15009.